



**Contra Costa is a Welcoming County
for Refugees, Immigrants, and All
Members of Our Community**

295,000

Number of immigrants living in Contra Costa
in 2019: 25.6% of the total population

\$24.7 BILLION

Total foreign-born residents contributed to
the county's GDP in 2019, or 30.8% of the total

**INCREASINGLY DIVERSE
AND MULTICULTURAL**

According to brand new 2020 Census results

v1 10/25/2021

**EHSD IS HERE TO
SERVE YOU**

APPLY FOR BENEFITS

We encourage community members to
apply for and receive benefits for which
they and their family members may be
eligible. Anybody can apply.

MANY RESOURCES IN PLACE

Not everyone is eligible for all programs,
but many resources are in place to
support, protect and empower individuals
and families on their paths to
self-sufficiency.

CHILDREN MAY BE ELIGIBLE

Program eligibility is based on the
citizenship or immigration status of the
child, not just the parent. U.S. citizen
children and qualified immigrant children
may be eligible for many programs such
as CalFresh and CalWORKs cash benefits.
Children and young adults up to age 26
may be eligible for full-scope
Medi-Cal coverage.



**THE
EMPLOYMENT
AND HUMAN
SERVICES
DEPARTMENT
(EHSD)
WELCOMES
YOU TO
CONTRA COSTA
COUNTY**



Health Care

Everyone, regardless of immigration status, should seek the medical care they need.

Emergency Medi-Cal*: Available to individuals otherwise eligible for Medi-Cal, regardless of immigration status. Services cover a medical condition (including emergency care and labor and delivery) that, without immediate medical attention, could result in placing the patient's health in serious jeopardy.

Full-Scope Medi-Cal*: California offers full-scope Medi-Cal to children and young adults (under age 26), regardless of immigration status. Includes medical, dental, mental health, and vision care. Effective May 2022, Medi-Cal expansion in California will include adults age 50+, regardless of immigration status. There are additional Medi-Cal programs that may apply to others. <https://ehsd.org/apply-for-services/>

Covered California: Lawfully present immigrants may be eligible to buy health insurance in the marketplace and may be eligible for subsidized premiums. <https://www.coveredca.com/>

** Income and asset eligibility may apply*

Remember: Getting the COVID-19 vaccine is free, no matter what your immigration or citizenship status is. If you are undocumented or do not have insurance:

- You can still get needed COVID-19 testing and treatment (at no cost if Medi-Cal).
- Medi-Cal care for COVID-19 testing and treatment does not count under the public charge rule.
- Vaccinations do not count under the public charge rule.
- You should not be asked about your immigration status when you get a COVID-19 vaccine.

Food Resources

CalFresh (income eligibility applies): CalFresh food benefits stretch household budgets, allowing recipients to afford nutritious food, including more fruit, vegetables, and other healthy options. U.S. citizen children, and some non-citizen children and Lawful Permanent Residents, may be eligible. <https://ehsd.org/apply-for-services/>

WIC: Nutrition program for Women, Infants, and Children. <https://cchealth.org/wic/apply.php>

Food Bank: Distributes food directly to people in need. <https://www.foodbankccs.org>

Jobs & Employment

Some Basic Career Services provided through the Workforce Development Board (WDB) are available to all, regardless of immigration status. <https://www.wdbccc.com/jobseeker-services/>

CalWORKs (income and resource eligibility applies): Cash assistance and services to families with children in the home. U.S. citizen children and qualified immigrants may be eligible. CalWORKs families may be eligible for employment and educational support services from the Welfare-to-Work (WTW) program. <https://ehsd.org/apply-for-services/>

Housing

Housing and Homeless Services: Support for individuals and families experiencing homelessness or in need of rental or housing assistance. <https://ehsd.org/overview/housing-homeless-services>

Additional Programs

Some EHSD programs are open to all. Contact points provided below for more information.

Child Protective Services: Report suspected or actual child abuse 24/7. Call (877) 881-1116.

Adult Protective Services: Report suspected abuse or neglect of an elder individual or a dependent adult. Call (877) 839-4347 or (925) 602-4179 if outside Contra Costa.

Information & Assistance: Information and referrals for seniors, adults with disabilities, and their caregivers. Call (800) 510-2020 or (925) 229-8434 if outside Contra Costa.

In-Home Supportive Services: Services to help seniors and disabled individuals to remain safely in their own homes. <https://ehsd.org/elderly-disabled/in-home-supportive-services-ihss/>

Head Start and Early Head Start*: Early childcare and preschool for low-income families <https://ehsd.org/headstart/childcare-preschool/head-start-early-head-start-and-state-preschool/>

Low Income Heating & Energy Assistance Program (LIHEAP)*: Financial assistance for energy bills. <https://ehsd.org/headstart/energy-assistance/>

GetConnected Contra Costa*: Reduced internet rates, based on income eligibility. <https://ehsd.org/get-connected-contra-costa/>

4 Our Families Navigators: Helps first-time participants access the targeted supports and services they need through EHSD and its partners. Send an e-mail to 4ourfamilies@ehsd.cccounty.us or leave a voicemail at (925) 335-6581 with your name, contact info, and needs.

** Income and asset eligibility may apply*