## Measure X: Making the Case For The Early Years

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REPORT TO MEASURE X COMMUNITY ADVISORY BOARD | MAY 26, 2021



### Partnerships and Intersections

Today's presenters represent the **partnerships** needed to strengthen the early learning system for young children:





Employment & Human Services













When we support children and their families during a child's first five years of life, we make the most of the incredible **human potential** in all of us.



In these **first five years**, children are developing the foundations by which they will learn, behave, and grow.



There are **80,000 children** under the age 6 in Contra Costa, roughly 7% of the population. Not every child and family has access to the same level of resources that help realize this potential.



13% **Return on Investment** by improving life outcomes related to health, education, employment, and social behaviors.

### A Holistic, Systems Approach to Support Young Children

*Effective early childhood systems* must align a **broad array of services** with a lens grounded in equity and addressing the **root causes of** disparities.

Supportive relationships

Food, housing, and economic security

Whole Families, Whole Children

Mental health

Physical health

Education & care

### The 0-5 Landscape in Contra Costa County

### Demographics of Children in Contra Costa

White	34.9%
Hispanic/Latino	34.2%
Asian American	14.4%
African American/Black	9.0%
Multiracial	6.7%
Native Hawaiian/Pacific Islander	0.5%
American Indian/Alaskan Native	0.3%

### Too Many Contra Costa Children Live in Poverty

## 16.2%

Percentage of Contra Costa families with children under 6 that live in deep poverty (annual income less than \$12,550 for a family of four).

### A Significant Portion of Contra Costa Families Struggle to Make Ends Meet



Source for median household incomes in Contra Costa Cities and Census Designated Places (CDP) is US Census 2019 ACS 5-Year Estimates.

## 25-49%

Percentage of families with children under 6 that live in deep poverty in 22 Contra Costa County Census Tracts.

### The 0-5 Landscape in Contra Costa County

### A Disproportionately High Percentage of Young Children of Color Are Living In Poverty in Contra Costa

White	Hispanic/Latino	African American/Black	Asian American	Multiracial	American Indian/Alaskan Native	Native Hawaiian/Pacific Islander
	53%					
31%	34%					
13%		15% 7%	13% 6%	14% 13%	1% 0%	1% 0%

Source: American Community Survey 5-year estimates (2009-2013) Tables B17001B through I; Ethnicity and Poverty for County, Number of Individual Children Under 6 and Number in Poverty

- % of Contra Costa Children <6, by Ethnicity</p>
- % of Contra Costa Children <6 in Poverty</p>

### The 0-5 Landscape in Contra Costa County



### School Readiness



Only 44% of Contra Costa children are fully ready for kindergarten.



Barely half (56%) of 3-and-4-year olds in Contra Costa children are enrolled in preschool 39,776







There are about 40,000 licensed child care spaces available to meet an estimated need of 75,000 children age 0-12, a shortfall of 35,000.

### Gap: Inequities in Contra Costa

Black and brown families have had to support their children with far less systemic and structural support than their white counterparts, resulting in disparities that fall along geographic, income, and racial lines.



### Child poverty varies widely across the county.<sup>4</sup>





### Without additional supports, poverty can limit kids' opportunities.<sup>6</sup>

Childhood poverty is linked to:









food insecurity

toxic stress

### Gap: Shortage of Child Care Slots

Pre-pandemic shortage: 12,625 child care slots for children ages 0-5.
Since the start of the pandemic: a loss of at least 1,126 more slots.
17,900 children ages 0-5 years who are eligible for subsidized child care cannot access it due to low supply.



Childcare in Community Services, the largest childcare provider in the County Age 0-5 Children Waitlisted for Childcare in CocoKids, the resource and referral agency for the County



### Gap: Wage Disparity



Childcare worker



### **Gap: Affordability**

Many families have reached the subsidized "cliff" preventing them from placing their child in one of the **7,800** subsidized child care spaces in the county.

# \$84,822

Household income for a family of 4 to qualify for a Statesubsidized preschool or infant/ toddler program in California

# \$26,500

Household income for a family of 4 to qualify for a federal Head Start or Early Head Start

# \$141,641

Needed for a family of four to cover their basic needs in Contra Costa County





### A Return on Investment



# \$1 spent on child care generates \$0.68 in additional spending.

The spending results in a multiplier effect that increases economic output, jobs, and tax revenue throughout the entire economy.

In 2012, **\$300 million** were spent annually on child care in Contra Costa County which generated an additional **\$203 million** in economic activity.



### Gap: Lack of Supply of Services and Supports

Families need affordable, stable, safe homes, adequate household resources, healthy neighborhoods, and access to quality opportunities, education, and services

## 1 out of every 2

Renter households in Contra Costa County who pay **more than 30%** of their income to housing. These households are more likely to be Black or Latinx due to a legacy of discriminatory housing policies and practices.

## 12,100 children

are estimated to be at risk of eviction when state pandemic projections expire in the Bay Area

## 1 in every 5 children

in California live in households with limited or uncertain access to adequate food—and **17% of the children in Contra Costa County** live in food insecure homes.



### Gap: Unmet Need for Child Mental Health and Disability Services



DEMAND 7,900 to 10,900 children

in need of early childhood mental health intervention for mental illnesses meeting medical necessity criteria

Mental health intervention and prevention services for young children now **prevents future needs** in adolescence and adulthood.

## SUPPLY 500 children

currently supported by present Medi-Cal contracts for mental health programs

### Gap: Unmet Need for Child Mental Health and Disability Services



High cost of living means families miss out on subsidized programs, creating an unmet need with incredibly high stakes, as brain development research shows the **critical role of early intervention** in these cases.

> Developmental screening rates for children 0-11 seen by CCHS, Jan '20 & April '21



## 3,154 Infants & Toddlers

with a diagnosed disability in Contra Costa County.

### **Transformational Ideas: Children and Families**

Proposed estimated allocation: \$10.5 M

- **Immediate support to families in need** to support the urgent gaps hard-working families face in meeting their basic needs.
- **Funding for childcare slots (36%)** bringing the field up to pre-pandemic numbers will help soften the current childcare crisis
- **Funding for early childhood mental health services** (12%) is needed to improve children's social-emotional development as a preventive strategy, and to begin to help treat and overcome the effects of traumatic stress
- Supporting children with disabilities (15%) through consultation and guidance to providers on strategies to modify their setting to be inclusive of all children

### **Transformational Ideas: Service Providers**



### Proposed estimated allocation: \$5.9M

- **Network supports to connect providers with** each other (2%) and ensure families get properly referred and connected to services
- **Funding family partners and resource navigator roles (3%)** to help navigate this complicated systems and barriers that often emerge in the referral and linkage process due to a lack of resource navigation.
- **Early care and education supports for** providers (30%) through incentives for retention, to attract new providers, and help the county recover from this crisis.

### Transformational Ideas: Integrated Systems

Proposed estimated allocation: \$200K

- Dedicated resources for a countywide, cross-sector leadership body for children (Children's Leadership Council) to promote an integrated and coordinated system of care
- Invest in a countywide annual Children's Well-being Index (2%) to identify essential data points and indicators related to child, youth, and family wellbeing





### Transformational Ideas: Summary of Proposed Allocations

Category	Allocati
Children and Families	\$10,575
Service Providers	\$5,950,
Integrated Systems	\$200,00
Total	\$16,725

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### Profile of Success

A coordinated system of support ensures that all children in Contra Costa County benefit from:

- High-quality early learning opportunities
- Secure housing and nutrition
- Inclusive resources to support their development

No matter where they live, the color of their skin, or their families' income.



### Thank You



