



Contra Costa County Area Agency on Aging 2020 – 2024 Four Year Plan

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Area Agency on Aging

AAA Responsibilities



- Design cooperative, integrated support systems for elders, their families and caregivers
- Provide technical assistance and oversee the distribution of Older American's Act funds.
- Provide program and fiscal monitoring of all providers to ensure quantity and quality of services

Public Hearing Requirements

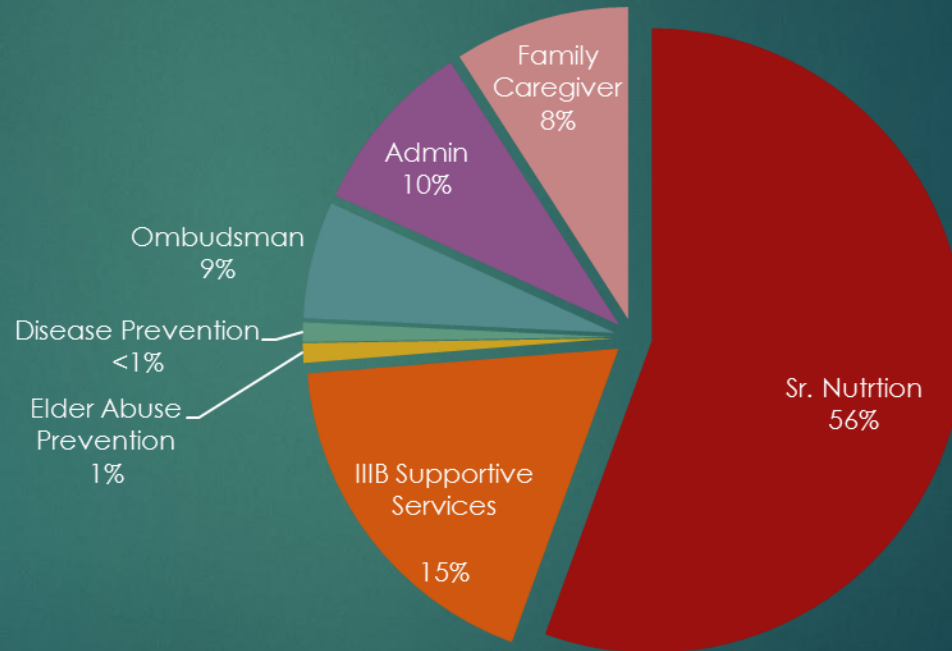
- ✓ Summarization of outreach efforts
- ✓ Proposed expenditures- Program Development (PD) and Coordination (C)
- ✓ Review Goals and Objectives
- ✓ Minimum Percentages of Title III B for priority services

Funding Cycle

2020 OAA Budget Expenditures

III B Support Services:

- Legal Services
- ADHC/ADC
- Friendly Visiting
- Phone Reassurance
- Transportation



Budget Estimate

Total Budget Contracted 2020

- ▶ Area Plan \$5,177,289
- ▶ Title IIIB Funds \$ 783,723*

Direct Title IIIB Service AAA

- ▶ I & A \$350,311
- ▶ Program Development \$70,215
- ▶ Coordination \$51,361
- ▶ Data \$13,096

Title IIIB -Contractors

- ▶ Total IIIB Contracts \$298,740

*County and Contractor match 10.53% match. In addition to the match, there will be a baseline adjustment issued in the fall. CARES ACT funding will also be available this summer.

Minimum Expenditure of IIB Funds

Category- represents 82% of the of Title IIB budget	Minimum Percentage of Funds Expended
Access: Information & Assistance, case management, Outreach \$ 374,845 Baseline 48%	20%
In-Home Assistance: Visiting, Adult Day Care \$156,357 Baseline 20%	8%
Legal: Legal Services \$117,849 Baseline:15%	11%
Total Estimated Funding for Title IIB services	\$783,723

Service Units Plans

Service	Proposed Units
Home Delivered Meal	450,000 meals
Congregate Meals	153,510 meals
Adult Day/Health Care*	5,378 hours
Assisted Transportation*	40,782 one way trips
Legal Assistance	4,911 hours
I&A	20,000 contacts
Telephone Reassurance*	20,000 contacts (estimate)
Ombudsman	93% complaint resolution
Ombudsman	94% SNF Visits
Family Caregiving Respite	3,208 hours
Family Caregiving Support Services	1,619 hours
Family Caregiving Supplemental	178 modifications

Service Unit Plans- Cont.*

Service	Proposed Units
Grandparent Services Outreach	176 contacts
Grandparent Support Services (assessment, counseling)	399 hours
Grandparent Respite	525 hours
Grandparent Supplemental(Emergency Cash Aid)	63 instances

AAA Contracted Services

Contracted

- ▶ Adult Day Care
- ▶ Assisted Transportation
- ▶ Family Caregiver Program
- ▶ Friendly Visitors Program
- ▶ Telephone Reassurance
- ▶ Health Promotion
- ▶ Legal Services
- ▶ Fall Prevention Program
- ▶ Case Management
- ▶ Ombudsman

Senior Nutrition*

- ▶ Congregate Meal Program (18 locations)
- ▶ Home Delivered Meal Program

* Interdepartmental agreement with County Health Services

Goals & Objectives



- Goals are broad concepts and should reflect the AAA mission.
- Objectives are specific, measurable statements of action intended to meet the goals of the AAA.
- Development objectives are to be used only for those objectives that either establish a new service or expand or integrate existing services.
- Coordination objectives may be used for activities that involve the active participation of the AAA staff. Such activities may include collaboration with non-OAA funded agencies and organizations to avoid duplication, improve services, resolve problems related to service delivery, and address the service needs of the eligible service population.

GOALS & Objectives- sample*

- ▶ GOAL 1- Provide services to enable our aging community to live where they choose as they age and have the help they and their families need to do so.
 - ▶ Obj.1: AAA to work with Sr. Nutrition and CBO's to expand services in identified food deserts to provide additional social supports to at-risk seniors through meal delivery, congregate meal sites and other service to reduce food insecurity. (PD)
 - ▶ Obj.2: Develop a community education and training event to support family caregivers by 6/30/21 (C)

Goal 2: AAA will promote Age-Friendly Communities

- ▶ Obj. 1: ACOA Housing Workgroup, AAA Staff, and housing advocates/stakeholders will identify and advocate strategies and solutions to help seniors struggling to find affordable housing. (C)
- ▶ Obj.2: to improve transportation services, the AAA will work with the ACOA Transportation Workgroup, transportation professionals, and community-based organizations (CBO) to identify transportation issues and resources and explore partnerships and collaborations to improve and expand services. (C)
- ▶ Obj.7: Focus on education and promotion of “age-friendly” initiatives to ensure that access to housing, transportation and civic life are planned in local municipality’s policy decisions.

Questions/Public Comments

