# CONTINUING EDUCATION PROGRAM For FOSTER / KINSHIP CARE Education Program

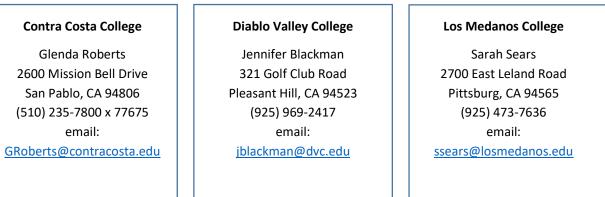
# FALL 2019 Class Program



Contra Costa College Diablo Valley College Los Medanos College

## **Our Mission**

The mission of the California Community Colleges Foster & Kinship Care Education Program (FKCE) is to provide quality education and support opportunities to caregivers of children and youth in out-of-home care, so that these providers may meet the foster children's educational, emotional, behavioral and developmental needs.







OS MEDANOS

COLLEGE

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# **Resource Family Pre-Approval (RFA) Training**

For those interested in becoming a RESOURCE FAMILY for a child or sibling group, this 12-hour training is *REQUIRED* for Resource Family Certification

You must *Pre-Register* for RFA Pre-Approval training; please contact: Contra Costa County Children & Family Services at (925) 602-6960 Child Activities Not Available

# **Contra Costa College-West County**

RFA Pre-Approval Saturday Series- 12 hours		RFA Pre-A	Approval Satu	rday Series- 12 hours	
<u>Date</u>	<u>Session</u>	<u>Time</u>	<u>Date</u>	<u>Session</u>	<u>Time</u>
September 14	1&2	9:00AM – 4:00PM	October 05	1&2	9:00AM – 4:00PM
September 21	3 & 4	9:00AM – 4:00PM	October 12	3 & 4	9:00AM – 4:00PM
Address:	ELC, Room 1	103	Address:	ELC, Room	103
	2600 Missio	n Bell Drive		2600 Missi	on Bell Drive
	San Pablo, CA 94806			San Pablo,	CA 94806
		RFA Pre-Approval Sat	urday Series- 12	2 hours	
		Date Sessio	n Time		
		December 7 1 & 2	9:00AM – 4:0	0PM	
		December 14 3 & 4	9:00AM – 4:0	0PM	
Address: 2600 Mission Bell Drive, ELC, Room 103, San Pablo, CA 94806					
		Light Lunc	h Provided		
	**Please a	rrive 30 minutes early t	o Session 1 only	, for registrat	ion**
	**Please a			, for registrat	ion**

# **Diablo Valley College-Central County**

RFA Pre-Approval Thursday Series- 12 hours			RFA Pre-Ap	proval Saturo	lay Series- 12 hours
<u>Date</u>	<u>Session</u>	<u>Time</u>	<u>Date</u>	<u>Session</u>	<u>Time</u>
October 3	1	6:00PM – 9:00PM	September 21	1 &2	9:00AM – 3:30PM
October 10	2	6:00PM – 9:00PM	September 28	3 & 4	9:00AM – 3:30PM
October 17	3	6:00PM – 9:00PM			
October 24	4	6:00PM – 9:00PM			
Address:	Independent Living Skills 1875 Arnold Drive, 2 <sup>nd</sup> Floor (elevator), Large classroom Martinez, CA 94553		Address:	Diablo Valley 321 Golf Club Humanities, R Pleasant Hill,	Road Room 105
Light Dinner provided 5:30-6:00PM			L	ight Lunch p.	provided
	**Please arrive 30 minutes early to Session 1 only, for registration**				

# **Resource Family Pre-Approval (RFA) Training**

For those interested in becoming a RESOURCE FAMILY for a child or sibling group, this 12-hour training is *REQUIRED* for Resource Family Certification

You must *Pre-Register* for RFA Pre-Approval training; please contact: Contra Costa County Children & Family Services at (925) 602-6960 Child activities not available

# Los Medanos College-East County

RFA Pre-A	Approval Sature	day Series- 12 hour	RFA Pre-Ap	oproval Thur	sday Series- 12 hours
Date	Session	<u>Time</u>	Date	Session	Time
August 24	1 & 2	9:00AM – 4:00PM	September 5	1	6:00PM – 9:00PM
August 31	3 & 4	9:00AM – 4:00PM	September 12	2	6:00PM – 9:00PM
-			September 19	3	6:00PM – 9:00PM
			September 26	4	6:00PM – 9:00PM
Address:	Los Medan	os College	Address:	Children &	Family Services
	2700 East L	eland Road		4549 Delta	Fair Blvd
	Pittsburg, (	CA 94565		Antioch, CA	A 94509
	Light Lunch P	rovided		Light Dinne	r Provided
RFA Pre-A	pproval Mond	ay Series- 12 hours	RFA Pre-Aj	oproval Satu	rday Series- 12 hours
<u>Date</u>	<u>Session</u>	<u>Time</u>	<u>Date</u>	<u>Session</u>	<u>Time</u>
October 7	1	9:00AM- 12:00PM	November 9	1&2	9:00AM- 4:00PM
October 14	2	9:00AM- 12:00PM	November 16	3 & 4	9:00AM- 4:00PM
October 21	3	9:00AM- 12:00PM			
October 28	4	9:00AM- 12:00PM			
Address:		Family Services	Address:	Los Medan	-
	4549 Delta				Leland Road
	Antioch, CA			Pittsburg, (	
Coffe	e and Refreshn	nents Provided		Light Lunch	Provided
		RFA Pre-Approva	al Saturday Series	5	
		Date Sessio			
		<b>December 7</b> 1 & 2			
	<b>December 14</b> 3 & 4 9:00AM – 4:00PM				
	Address: Los Medanos College: 2700 East Leland Rd, Pittsburg, CA 94565				
	Light Lunch Provided				
	**Please arrive 30 minutes early to Session 1 only, for registration**				

# HERITAGE PROJECT Trainings Perinatal Substance Abuse/HIV Infant Program

subject to cancellation due to low enrolly Heritage Training is STRONGLY recommended for those interested in providing specialized care for children 6 years of age and under who have been exposed to HIV, drugs or alcohol before birth.

To register for Heritage training and receive specific location details, please contact: Children & Family Services at (925) 602-6930 or (925) 602-6960 \*\*Pre-registration is required\*\*

Contra Cos	sta College:						
	33-hour s	eries running fro	m October- Nov	vember 2019			
	Location:	Location: Contra Costa College, ELC, Room 103, 2600 Mission Bell					
	San Pablo	, CA 94806					
	Monday						
	Monday Monday	October 14 October 21	6PM-9PM 6PM-9PM	Light dinner Light dinner			
	Monday	October 28	6PM-9PM	Light dinner			
	Monday Monday	November 04 November 18	6PM-4PM 6PM-9PM	Light dinner Light dinner			
	Monday	November 25	6PM-9PM	Light dinner			
	Monday	December 02	6PM-9PM	Light dinner			
	<u>Saturday</u>						
			llege, ELC, Room	n 103, 2600 Mission Bell I			
		, CA 94806					
	Saturday	November 09 November 16	9AM-4PM 9AM-4PM	Morning Refreshments			
	Saturday	NOVERTIDET 10	94101-49101	Morning Refreshments			
Diablo	33-hour s	eries running fro	m October- Nov	vember 2019			
Valley		-		y College, 321 Golf Club R			
College:				easant Hill, CA 94523			
conege.	,		0	·····, ····			
	Tuesday	October 01	6PM - 9PM	Light dinner 5:30 pm			
	Tuesday	October 08	6PM - 9PM	Light dinner 5:30 pm			
	Tuesday	October 15	6PM - 9PM	Light dinner 5:30 pm			
	Tuesday	October 22	6PM - 9PM	Light dinner 5:30 pm			
	Tuesday	October 29	6PM - 9PM	Light dinner 5:30 pm			
	Tuesday	November 05	6PM - 9PM	Light dinner 5:30 pm			
	Tuesday	November 12	6PM - 9PM	Light dinner 5:30 pm			
	<u>Saturday</u>						
	Saturday	November 09	9AM - 3:30PM	Morning Coffee, Light Lunch			
	Saturday	November 16	9AM –3:30PM	Morning Coffee, Light Lunch			

# Drive,

# Drive,

# Road, BFL

# **HERITAGE PROJECT Trainings**

Perinatal Substance Abuse/HIV Infant Program

Heritage Training is STRONGLY recommended for those interested in providing specialized care for children 6 years of age and under who have been exposed to HIV, drugs or alcohol before birth.

To register for Heritage training and receive specific location details, please contact: Children & Family Services at (925) 602-6960

# Los Medanos College:

**33-hour series running from October-November 2019** Monday Location: New Destiny Church, 1411 E. Leland, Pittsburg, CA 94565

Monday	October 21	6PM - 9PM	Light dinner
Monday	October 28	6PM - 9PM	Light dinner
Monday	November 04	6PM - 9PM	Light dinner
Monday	November 11	6PM - 9PM	Light dinner
Monday	November 18	6PM - 9PM	Light dinner
Monday	November 25	6PM - 9PM	Light dinner
Monday	December 02	6PM - 9PM	Light dinner

## Saturday Location: Los Medanos College, 2700 East Leland, Pittsburg, CA

Saturday	December 07	9AM-4PM	Light lunch	
Saturday	December 14	9AM-4PM	Light lunch	



# **CPR & FIRST AID**

## **PRE-REGISTRATION REQUIRED as space is limited.**

**Child Activities Not Available** 

To register or cancel a reservation, please contact the number listed next to the training. • Preference given to foster parents, adopting parents and kin care providers. • Wear comfortable clothing.

- You will receive a <u>Certificate of Completion</u> upon satisfactory completion of training as determined by the Instructor: CPR = Renewable every year
  - First Aid = Renewable every two years

### **Prerequisite for Renewal of Certificate:**

You must complete a minimum of 8 hours per year of Foster/Kinship Care Education trainings prior to renewing CPR & First Aid certification.

# SPANISH: Favor de llamar para más información y fechas de clases en español

GE E 2600 I	Costa College (CCC) BLSG, Room 111 Vission Bell Drive Pablo, CA 94806	321	Valley College (DVC) Golf Club Road BFL 111 Int Hill, CA 94523	2700	anos College (LMC) E. Leland Road burg, CA 94565
CONTACT: Glenda Roberts (510) 235-7800 ext. 77675		CONTACT: Jennifer Blackman (925) 969-2417			ACT: Sarah Sears 25) 473-7636
Nov	November 16, 2019		October 19 2019		asses Available
CPR:	9:00AM – 12:00PM	CPR & First Aide 8:30AM-4:00PM			
First Aid:	12:30PM – 3:30PM				



# Foster/Kinship Care Education Program WEST COUNTY Contra Costa College (CCC)

CONTACT: Glenda Roberts (510) 235-7800 ext. 77675 \*\*No child activities available\*\* Training locations: WCCYSB, 84 Broadway, Richmond, CA Monday 9:30AM-11:30AM Wednesday 4:00PM-6:00PM \*\*No child activities available \*\*

Date	Topic for MONDAYS	Location
8/26/19	Healthy Eating	Gwen White
9/9/19	Creative Relaxation	Jackie Marston
9/23/19	211 Services	Contra Costa Crisis Center
10/14/19	Services for Children & Youth in Richmond	LaShonda White
10/28/19	Dangers of Social Media	Donna Orviss
11/18/19	Crisis Management	Doug Woodson
11/25/19	ТВА	ТВА

# Spanish Wednesdays 4:00PM-6:00PM

Date	Topic for Wednesdays	Presenter
9/25/19	Community Violence Solution/ Soluciones para Violencia en La Comunidad	Lillian Gonzalez
10/23/19	Community Violence Solution/ Soluciones para Violencia en La Comunidad	Lillian Gonzalez
11/13/19	Community Violence Solution/ Soluciones para Violencia en La Comunidad	Lillian Gonzalez



# Kinship Care Education Program CENTRAL COUNTY KINSHIP CARE CLASSES CONCORD

**Diablo Valley College (DVC)** CONTACT: Jennifer Blackman (925) 969-2417

Date	Торіс	Trainer
9/09	Grief and Loss: Through Transitions to Recovery	Della Dash, MPH
9/16	Supporting Transitioning Youth	Lashonda Wallace, MSW
9/23	Improving Family and Child Welfare Relationships: Three Critical Questions to Ask	Taura Greenfield, MSW
9/30	Diversity and Cultural Differences in the Caregiver's Home	Dorothy Powell, PsyD
10/07	Self-Care for Caregivers	Nanette Dupree, MSW
10/14	How to Get Children in Your Home to Open Up: Help!	Dorothy Powell, PsyD
10/21	Self-Care Through Creativity	Carla Lawson, Artist- Educator
10/28	No Class	No Class
11/04	When the Child and Parent Have Different Temperaments: Where Do We Go from Here?	Dorothy Powell, PsyD
11/11	No Class Veterans Day Holiday	No Class
11/25	No Class Thanksgiving Holiday Week	No Class
12/02	Staying Healthy and Happy Through the Holidays	Della Dash, MPH
12/09	Semester Wrap-up, Reflections & Caregiver Appreciation RSVP Required by 12/02: Contact Kay Sorg (925) 602-1750	Jennifer Blackman, FKCE Director

Note:

## <u>Training location:</u> Uplift Family Services 2380 Salvio Street, Suite 201 Concord, Mondays 6:00PM – 8:00PM \*\*No child activities available\*\*

# Foster/Kinship Care Education Program CENTRAL COUNTY

WALNUT CREEK

Diablo Valley College (DVC) CONTACT: Jennifer Blackman (925) 969-2417 Training location: Counseling Options Parent Education Family Support Center (C.O.P.E.) New Location: 3000 Citrus Circle, Suite 220, WC Wednesdays 9:30AM- 12:30PM \*\*No child activities available\*\*

\*\*No child activities available\*

Date	Торіс	Trainer
9/11	Complaints Against Resource Families: What Families Should Know About How to Handle Complaints	Joan Francis, MSW
9/18	Legal Rights and Responsibilities of Resource Families	Joan Francis, MSW
9/25	Working with Your Social Worker	Joan Francis, MSW
10/09	No Class	No Class
10/16	No Class	No Class
10/30	How Our Buttons Get Pushed	Lisa Cohen Bennett, PhD
11//06	The Brain Train: Understanding How Our Brain Works to Produce Healthy Behaviors and Outcomes	Karen Wells, MSW
11/13	Discipline and Structure	Lisa Cohen Bennett, PhD
11/20	Emotional Intelligence and Learning Styles: The Developmental Significance of Raising an Emotionally Intelligent Child	Karen Wells, MSW
11/27	No Class Thanksgiving Holiday Week	No Class
12/04	Teaching Empathy: What Does It Look Like? And How to Fill Your Child's Bucket	Karen Wells, MSW
12/11	Self-Care Through Creativity: Nurture Your Spirit!	Carla Lawson, Artist- Educator & Jennifer Blackman, FKCE Director

Foster/Kinship Care Education Program EAST COUNTY BRENTWOOD Los Medanos College (LMC)

Date	Торіс	Trainer
9/9/19	Grief and Loss	Audrey Reyes
10/7/19	Licensing Complaints	Joan Francis
11/4/19	Attachment & Bonding	Dr. Deidre Burns
12/2/19	Sexual Orientation & Gender Identity	Jenn Awa



Foster/Kinship Care Education Program EAST COUNTY LA CRIANZA PRÁCTICA DE LOS HIJOS Los Medanos College (LMC)

CONTACT: Blanca Perdomo (925) 473-7636

	Торіс	Trainer
10/07/19	Como Ablar Con Los Jovenes Sobre Sexo	Martha Suarez
11/04/19	Establecimiento de Relaciones Positivas con Padres Biologicos y Pades de Crianza	Veronica Gonzales
12/02/19	Festividades Navidenas Positivas para Hijos de Crianza	C.O.P.E.

We appreciate YOU and your participation in the trainings.

Be Safe and Well...Enjoy the Holidays... And please join us again in the New Year - Spring Semester 2020!

Training location: Delta First 5 Center		
760 1st Street		
Brentwood, CA		
Mondays 9:00AM –12:00PM		
Child activities available-		
Please R.S.V.P. (925)516-3880		

Training Location: \*\*New Location\*\* New Destiny Church 2170 Harbor Street, Pittsburg, CA 1411 E. Leland, Pittsburg, CA Mondays 6:00PM – 9:00PM \*\*\* Para reserve el actividades de niños, hable (925) 473-7636

# **Foster/Kinship Care Education Program EAST COUNTY**

**PITTSBURG** 

## **Training location:** Faith Worship Center 2170 Harbor Street, Pittsburg, CA Tuesdays 9:30AM-12:30PM \*\*Child activities available.

Los Medanos College (LMC)

Date	Торіс	Trainer
9/03/19	Sexual Orientation & Gender Identity	Jenn Awa
10/01/19	CA Alliance of Caregivers: Advocacy & Wellness	Jennifer Rexroad
11/05/19	Instant Family: Movie and Relevant Discussion	Tyffany Wanberg
12/03/19	Sudden Infant Death Syndrome (SIDS) and Sleep-Related Death	Christina Boothman, MPH Maria Ortiz-Padilla, MPA

Notes:

# **Kinship Care Education Program EAST COUNTY ANTIOCH KINSHIP CARE CLASSES** Los Medanos College (LMC)

Training location:
Lilliput Kinship Support Services
300 H St, Suite A, Antioch, CA
Wednesday 10:00AM – 1:00PM
**No Child Activities Available**

WEDNESD	DNESDAYS	
Date	Торіс	Trainer
09/11/19	Sexual Orientation & Gender Identity	Jenn Awa
10/09/19	Accessing Special Needs Resources for Children	Tyffany Wanberg
11/13/19	Instant Family: Movie and Relevant Discussion	Tyffany Wanberg
12/11/19	Understanding the Foster Care System / Challenges	Veronica Gonzalez

# **Foster/Kinship Care Education Program** ANTIOCH

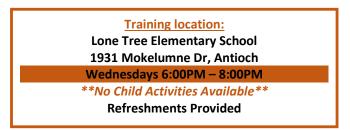
## Los Medanos College (LMC) CONTACT: Sarah Sears (925) 473-7636 **EAST COUNTY EVENING TRAININGS**

In this training series, caregivers and professionals who work with children will learn the Wisdom Pathways **Approach to Reparative Parenting**:

This series is offered in partnership with the Antioch Unified School District. It is appropriate for ALL caregivers and professionals who work with children in Contra Costa County.

- > Teach and coach your child by first understanding the Life-Space; brain structure/function, developmental pathways
- > Identify and teach/coach your child's temperament and "protest style"
- > "See" and assess your child's current skills and develop a parenting response that leads to maturation in self-soothing, emotion management, self-regulation and conscience-driven behavior
- > Use limits/boundaries and strategic consequences to help your child "accept and surrender" to parent/teacher directions and the rules and laws that keep us safe

Date	Trainer
9/04/19	Trudy Ema
10/02/19	Trudy Ema
11/06/19	Trudy Ema
12/04/19	Trudy Ema
	9/04/19 10/02/19 11/06/19



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# **Foster/Kinship Care Education Program PITTSBURG**

Los Medanos College (LMC) Call to Register: Sarah Sears (925) 473-7636 Lunch provided for those who attend all-day training Training location:

Los Medanos College

2700 East Leland Road

Pittsburg, CA 94565 Saturday 8:30AM – 4:30PM

9AM-12PM & 1PM-4PM

**\*\*No child activities available\*\*** 

Date	Time	ΤΟΡΙϹ	Trainer
8/24/19	8:30AM-4:30PM	Grief & Loss (AM), Trauma and Substance Use Exposure Impact on the Developing Brain (PM)	Audrey Reyes, LCSW Light Lunch provided if attending AM/PM training
8/31/19	8:30AM-4:30PM	Understanding Addiction & Recovery	Jenn Awa, MPH Light Lunch provided if attending AM/PM training
11/9/19	9:00AM-12:00PM	Sudden Infant Death Syndrome (SIDS) and Sleep-Related Death	Christina Boothman, MPH & Maria Ortiz-Padilla, MPA
	1:00PM-4:00PM	Caregivers are Mandated Reporter	Martha Suarez, MSW Light Lunch provided if attending AM/PM training
11/16/19	8:30AM-4:30PM	Sexual & Reproductive Health Rights for Foster Youth	Jenn Awa, MPH Light Lunch provided if attending AM/PM training
12/7/19	9:00AM-12:00PM	Understanding Children Placed in Out-of-home/Foster Care	Veronica Gonzalez, MSW
12/14/19	9:00AM-12:00PM	Mental Health 101	Tara Ignont, LCSW

Notes:

# **STRTP and Group Home Administrators' Continuing Education Trainings**

# \*These trainings are now offered for a fee\*

You must register on-line in order to attend these classes. Go to www.baayfs.org and download the registration form and information on how to pay the fees (including discounts for bundled trainings).

**Trainings:** Thursdays, 9:30AM – 2:00PM Independent Living Skills Program 1875 Arnold Drive, 2<sup>nd</sup> Floor Martinez, CA 94553

Dr. Lisa Cohen Bennett and Patrick Davis are pleased to offer CEUs for STRTP and Group Home Administrators. Each class will provide 4 hours of CEU hours toward your 40 Hour Administrator Re-Certification requirement; or provide 4 CEU hours per class for GH and STRTP staff needing 20 (GH) hours or 40 (STRTP) hours annually per CCL training requirements.

Date	Торіс	Trainer
09/12/19	How Trauma Affects Child Development	Lisa Cohen
		Bennett, PhD
09/19/19	How Trauma Affects Separation and Attachment	Lisa Cohen
		Bennett, PhD
09/26/19	Legal Rights of Foster Youth	Patrick Davis
	(One 4-hour course in Law & Regulations is required)	
10/03/19	How Trauma Affects Grief and Loss	Lisa Cohen
		Bennett, PhD
10/17/19	External Stressors for Families of Origin	Lisa Cohen
		Bennett, PhD
10/24/19	Mandated Child Abuse Reporting	Patrick Davis
	(One 4-hour course in Law & Regulations is required)	
11/07/19	How My Buttons Get Pushed	Lisa Cohen
		Bennett, PhD
11/14/19	Pre-Teens	Lisa Cohen
		Bennett, PhD
11/21/19	Foster Care Reporting Requirements	Patrick Davis
	(One 4-hour course in Law & Regulations is required)	
12/05/19	Teen Culture	Lisa Cohen
		Bennett, PhD

# Thank you!



For opening your homes, hearts and lives to the children in your care and in our communities!

Thank you for your faithful participation in the FKCE Program Trainings and for...

- Respecting the FKCE Classroom, trainers, and fellow care providers.
- Actively listening and engaging.
- Putting your cell phones on vibrate and waiting until breaks to check/respond to messages and make phone calls.
- Being considerate to others at all times.





Diablo Valley College Foster/Kinship Care Education Program c/o Jennifer Blackman, Director 321 Golf Club Road Pleasant Hill, CA 94523