

Policy Council Meeting Minutes Location: 500 Ellinwood Way, Pleasant Hill, CA



Date: 6/19/2019

Time Convened: 6:03 PM

Time Terminated: 8:02 PM

Recorder: Imelda Prieto Martinez

ΤΟΡΙϹ	RECOMMENDATION / SUMMARY		
Review Desired Outcomes and Meeting Rules	 Veronica Gutierrez, Chair, called the meeting to order at 6:03 p.m. Emma Duran, Vice Chair, reviewed the desired outcomes. Delphine Smith, Parliamentarian, reviewed the ground meeting rules. 		
Public Comment	None		
Correspondence	Katie Cisco, Secretary, read correspondence received from the Administration for Children & Families.		
	On May 31, 2019, Community Services Bureau received a letter stating that Focus Area 1 monitoring review conducted from March 11, 2019 to March 15, 2019 was a success and all areas were in compliance.		
	Katharine Mason, Division Manager, made a special recognition to Veronica Gutierrez for her valuable participation in the Focus Area 1 review.		
Staff Recognition	The following staff were recognized for going above and beyond in their work with the children and the families:		
	 Anita Ruffner, Sol Shimmel, Delia Castro, Susan Makhtarzada, Teachers at Martinez Early Childhood Center were presented with a certificate and a book to acknowledge their dedication to the children and families. Patricia Taylor, Site Supervisor at First Baptist – Lone Tree was not present; her certificate and book will be sent to her site. 		
	Special thank you was given to CSB staff providing support during June 19, 2019 Policy Council meeting.		
Ice Breaker	Policy Council Representatives participated in an icebreaker group activity to open communication and build connections among members.		
Administrative Reports	Katharine Mason, Division Manager, welcomed Policy Council representatives and presented the following administrative updates on behalf of Camilla Rand:		
CSB Director	• Eric Pormento, CFO, will be leaving CSB and moving on to Health Services as of July 1 st . CSB has identified a candidate to fill the CFO vacancy. The Executive Committee will hold a meeting and the new candidate will be presented for approval. Ratification will occur		
Division Manager	during August Policy Council Meeting.		
• Fiscal	• Family Development Credential (FDC) Cohort 2 began on May 14, 2019, and will continue through October 2019. The FDC program provides staff who work with families an opportunity to further develop the skills and knowledge they need to enhance their work		
	with families. The program teaches family workers how to coach families to set and reach their goals for healthy self-reliance.		





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	 Nine partner unit staff members completed the Classroom Assessment Scoring System (CLASS) training and passed the rigorous reliability certification test to become Pre-K CLASS Observers. Katharine Mason, Division Manager, presented enrollment and attendance statistics for April: 				
	 Enrollment: 99.5% for Head Start; 101.93% for Early Head Start; 100% for Early Head Start Child Care Program Partnership #1; and 102.11% for Early Head Start Child Care Program Partnership #2. Attendance: 84.24% for Head Start; 83.14% for Early Head Start; 92.03% for Early Head Start Child Care Program Partnership #1; and 85.54% for Early Head Start Child Care Program Partnership #2. 				
	Haydee Ilan, Accountant III and Delphine Smith, Fiscal Subcommittee member, presented the following fiscal reports: • 2018-2019 Head Start Program: April 2019 year to date cash expenditures were \$4,294,794 YTD, which represents 33% of				
	 c 2018-2019 Early Head Start Program: April 2019 year to date cash expenditures were \$859,891 YTD, which represents 33% 				
	 of the program budget. 2018-2019 Early Head Start – CC Partnership: April 2019 year to date cash expenditures were \$863,040 YTD, which 				
	 represents 83% of the program budget. 2018-2019 Early Head Start – CC Partnership #2: April 2019 year to date cash expenditures were \$2,065,197 YTD, which 				
	 represents 67% of the program budget. Credit Card expenditures for all programs, including Head Start and Early Head Start, for the month of April 2019 were \$26,626.60. 				
	• Child and Adult Care Food Program: April 2019 total meal served including breakfast, lunch, and supplements were 37,821.				
Subcommittee Updates	Advocacy: Delphine Smith encouraged all representatives to become involved and share ideas on ways to raise awareness about Head Start and services provided by our program. She asked reps to support families at their sites to do the same and provided an Advocacy Committee central telephone number and email address for sharing ideas.				
Training:Make Parenting a	Shawn Powers, Site Supervisor II and Stephanie Canulli, Site Supervisor III, provided an overview of one of the sessions from the Make Parenting a Pleasure parenting curriculum – Understanding Stress and Taking Care of Ourselves.				
Pleasure	Taking care of ourselves is important for our well-being and when we take care of ourselves we feel better, stronger, happier, and are more in control of our lives. Taking care of ourselves reduces the stress of being a parent. Only when we can give positive attention to ourselves, can we give the positive attention to our children that they need. The group participated in a "Filling the Glass" activity to demonstrate the importance of taking care of ourselves and how we become depleted with little to give when we fail to do so.				





TOPIC	RECOMMENDATION / SUMMARY		
	Our body responds differently to stress and stress can lead to serious health problems. Learning to manage stress is an important part of maintaining good physical and emotional health and for maintaining healthy relationships. Before we can successfully reduce stress, we need to know what our own daily stressors are. We can learn how to reduce and manage stress in our lives by recognizing its symptoms.		
	Identify areas of Stress - participants were asked what are some of the things that can cause stress:		
	The following handouts/resources were distributed: Stress Buster, Stress Strategies, and 99 Ways to Cope with Stress.		
Action: • Consider Approval of the	The minutes of the May 15, 2019, Policy Council minutes were reviewed and no corrections were noted. A motion to approve the May 15, 2019, Policy Council minutes was made by Andres Torres and seconded by Delphine Smith. The motion		
Approval of the May 15, 2019	A motion to approve the May 15, 2019, Policy Council minutes was made by Andres Torres and seconded by Delphine Smith. The moti was approved.		





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Policy Council	Ayes	Nays	Abstentions	Not	Present	
Minutes	Andres Torres Katie Cisco			Nancy Santos	Emma Duran	
	Delphine Smith Esperanza Ortega			Cindy Chiem	Monica Barajas	
	Monica Avila			Nivette Moore-Mason	Curtis Royster	
	Daisy Templeton			Damaris Santiago	Cindy Dolores	
	Teresa Rodriguez			Miguel Gonzalez	Tiffany Posey	
	Priscilla Proteau			Susana Huizar	Sarah Dicken	
	Erica Contreras			Santos Rodriguez	Dawn Miguel	
	Lee Ross			Karla Lara	Mayra Rodriguez	
	Veronica Gutierrez			Mariam Okesanya		
	"To design a program that meets community needs, and build on strengths and resources, a program must conduct a community assessment at least once over the five-year grant periodmust annually review and update the community assessment to reflect any significant changes" Top 5 Population Cities – 48% of 0-2 year olds live in top 5 population cities. Top Population Growth					
	Tara Hills Blackhawk Discovery Bay Pacheco Bethel Island East Richmond Heights -6.00% -4.00% -2.00% 0.00% 2.00% 4.00% 6.00% 8.00% 10.00%	4.00% 3.00% 2.00% 1.00% 0.00% -1.00% -2.00% -3.00% -4.00% -5.00%	Alamo	Vine Hill Kensign 2015 = 2016	ton	



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TOPIC	RECOMMENDATION / SUMMARY		
	Economy – Compared to last year		
	 Live below federal poverty -9.8 % 		
	 0-2 year olds – 7,950 and 3-5 year olds – 6577 may be EHS/HS income eligible 		
	Medium Annual Income - \$76,975		
	County Median Family Income - \$103,598		
	• 2018 Self Sufficient Standards - \$123,877		
	• Unemployment is at 3.0% (down 0.2%)		
	CalWorks down by 10%		
	SSI Increased by 137		
	• Rent \$2109 per month down 9%		
	17 below County Medium Family Income		
	Homelessness		



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	Preschool - \$10,880 for Family Child Care Home and \$12,589 for Centers		
Report: • 2018-2019 Parent Survey Results	Amy Wells, Assistant Director, provided an overview of the 2018-2019 Parents Survey Results. Each year CSB's parents are asked to complete a survey to gauge families' satisfaction with our services. Parent Surveys are distributed to all CSB's state programs: General Child Care (Infants/Toddlers) State Preschool (Preschool) Other programs-(CalWORKS Stage 2 & Alternative Payment Program) The results are reviewed by staff to determine what we are doing well and where there may be areas we could improve How satisfied are you with the overall quality of the program? General Child Care-Infants/Toddlers State Preschool State Preschool State Preschool		
	 Very Satisfied Satisfied No Response Provided Very Satisfied Not Satisfied Do you feel that your child is safe and happy in the program? Safe 100% Happy 100% General Child Care - Have you received information from the program about the following? 		























ΤΟΡΙϹ	RECOMMENDATION / SUMMARY
	 "Continue with the benefits for Stage 2. Paying for childcare is expensive" "More staff" "Field Trips to the zoo or museum" "Meals - better options" "Larger Parking Lot" "Digital timecard/sign in sheets would help a ton" "I am happy with the staff but if school will open at 6:00 to 6:00 would be perfect" "Only more support. May this program never end, because it's amazing & loved from all my family"
Site Reports	 Ambrose: Ms. Ligia Ortiz, SS attended a 3-day Director's conference in San Francisco where she gained knowledge and built relationships with other Directors from around the country. End of the year celebration is scheduled on Thursday, June 27th. AD Isabel Renggenathen visited our center and delighted us by reading two wonderful books during story time. Parents were given information about community resources such as free medical clinic for adults, 211 resources, and the Holy Rosary Church Mobile Mall- free clothing for families. Balboa: End of the Year celebrations for our transitioning children and families were held. Eligibility clinics are being held to enroll new children and prepare returning children for the new school year. Children are engaged in nature exploration through planned nature walks. The new roof project for Balboa is completed. Newly paved staff parking lot. Deep cleaning and rearrangements of the classrooms and storage areas will happen by end of June. Children in Rm 3 are exploring multicultural dresses and learning about the dressmaking process. Other classrooms are interested in exploring nature and are engaged in planting activities. A group of educators from St. John preschool visited to learn about our inviting learning environments and creative learning experiences that are offered at Balboa. Parent meeting/training on Make Parenting a Pleasure. Resources were shared with the parents on various summer programs and learning opportunities available in the community.
	 On June 14th, children in room #3 celebrated with an "End of the Year Event"





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	The teachers lounge is in the process of being completed.			
	• Room 1 will be down to 8 toddler slots, the classroom will remove its dividers to create a bigger room for Toddlers to explore.			
	• Toddlers will begin transitioning to other classrooms as they age out. Some of our toddlers will be heading to preschool, we wish			
	them the best.			
	Comprehensive Services is sharing resources for Summer Fun activities with families.			
	Crescent Park:			
	Preschool children enjoyed their field trip to the Discovery Museum.			
	New roof was completed.			
	During Community Workday, parents helped in Garden area.			
	• As part of the "Construction Project", the children took many nature walks and learned about construction from a visiting dad who came to the classroom to discuss his job in construction.			
	Children visited the Library for story time.			
	All children created special gifts for their moms.			
	Crossroads:			
	• Celebrated end of the school year, we had Seven (7) graduates. We ended the school year with an annual BBQ and School Carnival.			
	 A new water fountain was installed. We will have new chairs and desk coming next year. 			
	 Every Wednesday we have "Walks for Moms" all mommies' participant in the walk. 			
	 New slide for toddlers was installed in the play area. 			
	 New art projects: moms are making necklaces and bracelets. 			
	 The site welcomed special guest from Planned Parenthood, First 5 and Public Health. 			
	Resources shared with parents: First 5 and summer activities to keep the mommies & babies busy during the summer.			
	George Miller III:			
	• MPAP will conclude this month with parents enjoying the last session together and receiving certificates for their participation in this awesome parenting class.			
	Children and families at GMIII will enjoy the last visit of the school year at Bay Area Discovery Museum.			
	GMIII Classrooms received more activities and materials for the children to enjoy.			
	 Volunteer dads, cleaned the children's Sandbox located on the playground. Thanks Dads! 			
	The outdoor corridor is showcasing creative expressive artwork from children.			
	GMIII hosted Healthy Fathers/Healthy Children. Dads were invited to participate in learning more about healthy habits and practice			
	some fun father-child activities.			
	Boorman Park Community Workshop took place on June 3, 2019, GMIII families and staff were encouraged to attend.			





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	• Friday Flyers are given out weekly to parents encouraging fun and educational resources happening in the surrounding communities.		
	Las Deltas:		
	 Las Deltas celebrated the fantastic staff who come each day to support the families while allowing the children to have a rich 		
	learning experience. Parents and Site Supervisor salute the teaching staff of Las Deltas.		
	 The Infant/Toddler yard has a new climbing structure with two slides. 		
	 The preschoolers have taken an interest in math, science and technology. They are playing more math games and having a great time using the stacking cups. 		
	• The toddlers are working with sea animals, sand and seashells; they are discovering what is in the ocean.		
	 Parents received flyer with current activities happening around the community. 		
	Lavonia Allen:		
	• With the change in weather, the children have enjoyed playing soccer outside and watering the plans and flowers.		
	• The Lavonia Allen children honored their mothers with a Mother's Day Tea, the children prepared gifts and cards for their mothers,		
	and helped to decorate the table with handmade designs, each child served their mother tea and healthy snacks during pick up time.		
	 The nurses from CSEUB presented a curriculum of health and safety activities for children, such as pedestrian safety, and yoga exercises. 		
	 We received flyers from the Ambrose Recreation Center for low-cost Ballet lessons. Several of our children have enrolled into this class. 		
	 As this school year, heads to a close, the teachers are conducting parent conferences with the parents to discuss the child's growth 		
	and development during this school year.		
	Los Arboles:		
	 Los Arboles had their end of year celebration on June 14, 2019. All parents participated and the celebration was a huge success. Children sang songs and received certificates. In addition, many parents received certificate of award for working and volunteering in the classroom. 		
	Site welcomed new Teacher Assistant Trainee, Natividad Perez.		
	 Work is being done to finish the rest of the fence with private screen. 		
	• We are working on ordering new outdoor toys.		
	• Toddler will be getting a new play structure.		
	Los Nogales:		
	Our Associate Teacher Carmen Castillo-Valladares graduated and received her Associates Degree.		
	We welcomed new children who were enrolled and started in our new school year.		
	 Community Work Day was held on June 8, 2019. Parents and teachers did a great job cleaning inside & outside of our center. Flowers were donated and planted outside. 		
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	 We had our "End of the Year Celebration" for both classrooms. Lindsay D., librarian with Contra Costa County Library, came and read stories to the children. She gave out resources about the library and programs that the children can be involved in during the summer. Friday Flyers were shared for Job Training/Career Fair, Homeless & Health resources, etc. 				
	• Finday Fiyers were shared for Job fraining/career Fail, nomeless & nearth resources, etc.				
	 On June 7, 2019, we had the "End of the Year Celebration" for AM & PM class. We had a great participation of the families. The children had a wonderful time sharing and showing the knowledge they gained during the school year. It was a great success. Marsh Creek staff were provided with a water Britta filter, a toaster, and an electric kettle to make coffee or tea from the Wellness Champions program. Teachers are very grateful for these items. Marsh Creek Apartment's Manager agreed to fix the cement crack outside on the playground during the summer. She promised that 				
	 Marsh Creek Apartment's Manager agreed to fix the cement crack outside on the playground during the summer. She promised that it would be repaired by the time the children returned to school. On June 6, 2019, the program Nutritionist Sophia Talbot, led the "Healthy fathers/Healthy Children workshop. Eight parents and children participated. They had the opportunity to read, practice some movement activities as well as share in a cooking project. During May's Parent Meeting, we had a special guest. Ms. Ana Villalobos talked about "Healthy Eating", with great information about the importance of eating healthy. Parents who attended (11 parents) received a recipe book and many resources that they can use to start new healthy habits with their families. They also made some smoothies. On May 30, 2019, we took a field trip to Marsh Creek Elemetary School to visit a kindergarten classrom, and after the visit we took the children to the "Blue Goose Park" for a picnic. Most of the parents participated in the field trip. Children had a wonderful time getting wet. 				
	 YMCA Giant Road: Fifteen (15) children are moving on to Kindergarten. Our "End of the Year" celebration will be on June 27, 2019. We welcomed Ms. Andleeb Anjam as the new teacher in Room 1. 				
	 Teachers were trained in the used of the Learning Genie. The Learning Genie is a system used by many Childcare centers to assists with daily reports, development progress & portfolio observation entries. The money received from QRIS for our center advancing from a 3-star rating to a 4-star rating, will be spent over the summer to add new learning materials and upgrade the current developmental areas. 				
	Summer lunch program started in Contra Costa County. Signs were posted at the center front windows for all to view.				
Announcements	 Ana Araujo, Comprehensive Services Manager for Parent, Family, Community Engagement, shared in-kind video for June and thanked Policy Council representatives for the participation. There is no Policy Council meeting in July; we will re-convene in August. 				
	Make Parenting a Pleasure full curriculum trainings and English as a Second Language (ESL) spring classes concluded.				





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	 Sophia Talbot, CS Manager for Nutrition and Michelle Mankewich, CS Manager for Disabilities held the "Health Fathers, Healthy Children" trainings at Marsh Creek, George Miller III and George Miller Concord. Father figures and their child had the opportunity to learn about "I am Moving, I am Learning" and participate in a cooking project with their child. 		
Meeting Evaluation	<u>Pluses / +</u>	<u>Deltas / Δ</u>	
	End on timeGood participation	Cold air	