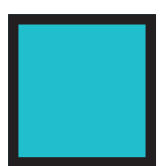


Continuing Education Program

for

Foster / Kinship Care
Education Program

**Fall 2018
Class Program**



**Contra Costa, Los Medanos
and Diablo Valley Colleges**

The mission of the California Community Colleges Foster & Kinship Care Education Program (FKCE) is to provide quality education and support opportunities to caregivers of children and youth in out-of-home care, so that these providers may meet the foster childrens' educational, emotional, behavioral and developmental needs.

Contact Information

Jennifer Blackman
Diablo Valley College
321 Golf Club Road
Pleasant Hill, CA 94523
(925) 969-2417
email: jblackman@dvc.edu

Sarah Sears
Los Medanos College
2700 East Leland Road
Pittsburg, CA 94565
(925) 473-7636
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Contra Costa College
2600 Mission Bell Drive LA7
San Pablo, CA 94806
(510) 235-7800 x 44132
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Children Learn What They Live By Dorothy Law Nolte, Ph.D.

If children live with criticism
 They learn to condemn
 If children live with hostility
 They learn to fight
 If children live with ridicule
 They learn to be shy
 If children live with shame
 They learn to feel guilty
 If children live with tolerance
 They learn to be patient
 If children live with encouragement
 They learn confidence
 If children live with praise
 They learn to appreciate
 If children live with fairness
 They learn justice
 If children live with security
 They learn to have faith
 If children live with approval
 They learn to like themselves
 If children live with acceptance and friendship
 They learn to find love in the world.

CENTRAL COUNTY

Diablo Valley College / FKCE Trainings
 Contact: Jennifer Blackman (925) 969-2417
**** NEW LOCATION****

C.O.P.E. Family Support Center (Counseling Options Parent Education)

2280 Diamond Blvd., Suite 460, Concord, CA 94520

Wednesdays 9:30 a.m. – 12:30 p.m. * No Child Activities Available

Date	Topic	Trainer
09/05/18	You Are Invited! FKCE Trainings (Foster Kinship Care Education): The Big Picture -- Why & What's in It for You?	Jennifer Blackman Blanca Perdomo
09/12/18	When Giving Up Is Not an Option	Sandra Roberts
09/19/18	Working with Your Social Worker	Joan Francis
09/26/18	Legal Rights and Responsibilities of Foster Parents	Joan Francis
10/03/18	Complaints: What Are They and How Do I Handle Them?	Joan Francis
10/10/18	4 Secrets for Healthy Parent-Child Attachment	Vivian Torres
10/17/18	From Care in My Home to the Adult World at 18: AB 12: Fostering for Success	JoAnn Lofton Jonesha Mullins
10/24/18	Food Allergies and Possible Behavior Reactions	Vivian Torres
10/31/18	How to Avoid Conflict with Your Foster/Adopted Child	Vivian Torres
11/07/18	Compassion Fatigue: Self Care Skills & Strategies	Sandra Roberts
11/14/18	The Brain Train: Understanding How Our Brain Works to Produce Healthy Behaviors and Choices	Karen Wells
*****	Thanksgiving Holiday Week	*****
11/28/18	Building Resiliency in Our Children: What Does That Look Like?	Karen Wells
12/05/18	Nurture Your Spirit - Creatively!	Carla Lawson

Notes: _____

EAST COUNTY

Contact Sarah Sears (Los Medanos College): Telephone (925) 473-7636

All East Classes Must R.S.V.P. For Child Activities

Tuesdays: 9:30 a.m. - 12:30 p.m.

New Location: Faith Worship Center 2170 Harbor Street, Pittsburg, CA

Date	Topic	Trainer
08/21/18	Orientation/Preparing for the School Year	Sarah Sears
08/28/18	Youth Involved in the Juvenile Justice System	Veronica Gonzalez
09/04/18	Feeding Your Family – Making Mealtimes Count	Jodi Maispatella
09/11/18	Level of Care (LOC): New payment Rates for Foster Care	Beth Bottorff
10/02/18	The Impact of Change	Lois Rutten
10/09/18	Social Media: What is Really Going on Here?	Ryan Blauveldt
11/06/18	Active Listening	Jenn Awa
11/13/18	Paper Tigers – Adverse Childhood Experiences (ACE)	Sarah Sears
12/04/18	Compassion Fatigue	Sabrina Cross
12/11/18	Preparing for the Holidays	Sarah Sears

LA CRIANZA PRÁCTICA DE LOS HIJOS

Lunes: 6:30 p.m. - 9:30 p.m.

¡Se ofrece actividades para los niños durante el cuidado con avance de aviso!

Pittsburg United Methodist Church, 153 W. Leland Road, Pittsburg, CA

Date	Topic	Trainer
10/08/18:	CLARIFICACION: Familia de Crianza (FP) -vs- Familia de Recursos (RFA)	Martha Suarez
11/05/18:	Distinguir Dependencia y Delincuencia - Juventud y Proceso Judicial	Veronica Gonzalez
12/03/18.	Como Reconocer las Senales de Suicidio y Como Ayudar	C.O.P.E.

Notes: _____

FAR EAST COUNTY

Contact Sarah Sears (Los Medanos College): Telephone (925) 473-7636

All East Classes Must R.S.V.P. For Child Activities

Monday: 9:00 a.m. - 12:00 p.m.

Delta First 5 Center 760 1st Street Brentwood, CA

Date	Topic	Trainer
08/20/18	Orientation/Preparing for the School Year	Sarah Sears
08/27/18	Trauma Informed Care	Dr. Abraham Rice
	NO CLASS 9/3/18 = Labor Day Holiday	
09/10/18	Effective Communication	Jenn Awa
09/17/18	Juvenile Court 101	Kellie Case
10/1/18	Paper Tigers – Adverse Childhood Experiences (ACE)	Sarah Sears
10/8/18	Working with Bio Families	Tyffany Wanberg
11/5/18	Understanding CFS from Bio Parents' Perspective	Cheryl Barrett
	NO CLASS 11/12/18 = Veteran's Day Holiday	
11/19/18	Active Listening	Jenn Awa
12/3/18	Level of Care (LOC): New Payment Rates for Foster Care	Beth Bottorff
12/10/18	Preparing for The Holidays	Sarah Sears

Notes: _____

CENTRAL COUNTY

KINSHIP CARE EDUCATION TRAININGS

Contact JENNIFER BLACKMAN Diablo Valley College

(925) 969-2417

RSVP for Child Activities *4 years and up

Mondays: 6:00 p.m. – 8:00 p.m. (Two Hours)

Uplift Family Services

2380 Salvio Street, Suite 201 (upstairs)

Contact Kay Sorg: (925) 602-1750

Concord, CA

Date	Topic	Trainer
08/20/18	Caregivers: Mental Health Legislation and Implementation - How Does It Affect Me?	Della Dash
08/27/18	It's Never Too Soon: Importance of Life Skills Planning for Tweens to 16	JoAnn Lofton
09/10/18	Part 1: Mindfulness -- This Is a Good Thing for my Well-Being!	Beth Bottorff
09/17/18	Autism and Vaccines: To Vaccinate or Not Vaccinate Our Children ---Help Me Understand	Della Dash
09/24/18	When Giving Up Is Not An Option	Sandra Roberts
10/01/18	Compassion Fatigue: Self-Care Skills & Strategies	Sandra Roberts
10/08/18	Part 2: Mindfulness -- Dealing with Trauma	Beth Bottorff
10/15/18	Who Is Running the Show? Dealing with Oppositional Children	Dorothy Powell
10/29/18	ACES: Recovery and Resilience	Jonathan Maddox
11/05/18	Grief and Loss: Dealing with Today's Rain - Welcoming Tomorrow's Sunshine	Dorothy Powell
*****	11/19 - 11/24 Closed Thanksgiving Week	*****
11/26/18	Holidays and Self-Care for Caregivers: Don't Just Survive the Holidays -Thrive!	Della Dash
12/03/18	Nurture Your Spirit – Creatively!	Carla Lawson
	Thursday Class Time: 1 pm	
08/23/18	Train the Trainers: Staff	JoAnn Lofton
	Knowledge is Power! The More We Know, The More We Can Help Our Children Grow!!!	
	Thank you everyone. PEACELOVEJOYHARMONY	

EAST COUNTY KINSHIP CARE EDUCATION TRAININGS

Contact: Contact Sarah Sears Los Medanos College (925) 473-7636
Child Activities Not Available

NEW LOCATION- 300 H. St., Suite A, Antioch, CA

3rd Monday of Month: 10:00 a.m. - 1:00 p.m.

Date	Topic	Trainer
09/17/18	Active Listening	Jenn Awa
10/15/18	Paper Tigers – Adverse Childhood Experiences (ACE)	Sarah Sears
11/19/18	NO CLASS – THANKSGIVING BREAK	
12/17/18	When Giving Up Is Not an Option	Sabrina Cross

2nd Wednesday of Month: 10:00 a.m. - 1:00 p.m.

Date	Topic	Trainer
09/12/18	Communicating the Message, You Intend	Jodi Maispatella
10/10/18	Social Media: What is really going on here?	Ryan Blauveldt
11/14/18	Compassion Fatigue	Sabrina Cross
12/12/18	Level of Care (LOC): New payment rates for Foster Care	Beth Bottorff

Resource Family Advisory Committee - Training for Foster Caregivers.

Lone Tree Elementary School, [1931 Mokelumne Dr. Antioch.](#) 6-7:30pm.

DATE	Title	Trainer
9/5/18	Foster Family Network Presentation	Nancy DeWeese
10/3/18	Trauma Informed Care	Dr. Abraham Rice
11/7/18	Student Presentations from Los Medanos College	Current/Former Foster Youth & Young Adults
12/5/18	Internet Safety/Media Applications	TBD

CPR & FIRST AID

Child Activities Not Available

- **You must PRE-REGISTER; space is limited. To register or cancel a reservation please call the following:**
- Preference is given to foster parents, adopting parents and kin care providers.
- Please wear comfortable clothing.
- You will receive a Certificate of Completion upon satisfactory completion of training as determined by the Instructor:
 - **CPR = 4 hours (renewable once a year)**
 - **First Aid = 4 hours (renewable every two years)**

Prerequisite for Renewal of Certificate:

You must have completed a minimum of 8 hours per year of Foster/Kinship Care Education trainings prior to renewing CPR & First Aid

SPANISH: Favor de llamar para más información y fechas de clases en español

CPR and FIRST AID Training Schedule

Saturdays

Diablo Valley College (DVC) (925) 969-2417 Jennifer Blackman 8:30 a.m. - 4:00 p.m.	Los Medanos College (LMC) 2700 E. Leland Rd Pittsburg, CA 94565 (925) 473-7636 Sarah Sears 8:30 a.m. - 4:00 p.m.	Contra Costa College (CCC) (510) 235-7800 ext. 77675 9:00 a.m. - 4:00 p.m. Glenda Roberts 9:00 a.m. -4:00p.m.
Saturday: Light Lunch	Saturday: Light Lunch	Saturday Morning Refreshments Light Lunch
September 29, 2018	November 3, 2018	September 29. 2018
October 27, 2018	November 10, 2018	
November 17, 2018	December 1, 2018	
	December 8, 2018	

Notes: _____

Resource Family Pre-Approval (RFA) Training

This 12-hour training is **REQUIRED** for Resource Family Certification for those interested in becoming a RESOURCE FAMILY for a child or sibling group.

You Must Pre-Register with Contra Costa County Children & Family Services

For Enrollment and Location of Trainings, Contact: Angel Arias, (925)602-6912

Child Activities **Not Available**
Diablo Valley College (DVC)

<p>RFA 12-Hour Certification Independent Living Skills (ILSP) 1875 Arnold Drive, 2nd Floor, Martinez, CA</p> <p>THURSDAYS Time: 6 – 9 PM. (3-Hours) LIGHT DINNER: 5:30 PM.</p> <p>Session 1: September 6 (3 Hours) Session 2: September 13 (3 Hours) Session 3: September 20 (3 Hours) Session 4: September 27 (3 Hours) Total = 12 Hours</p>	<p>RFA 12-Hour Certification Diablo Valley College 321 Golf Club Road, Pleasant Hill, CA</p> <p>SATURDAYS Time: 9 AM – 3:30 PM (6-Hours) Morning Refreshments Light Lunch</p> <p>Session 1: October 6 (6 hours) Session 2: October 13 (6 hours) Total = 12 Hours</p>
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Los Medanos College (LMC)

<p>RFA Pre-Approval Trainings Children and Family Services 4549 Delta Fair, Antioch, CA <i>"Please arrive 30 min early for Session 1 for registration"</i></p> <p>MONDAYS Time: 6 – 9 PM (3-Hours) Session 1: August Session 2: August Session 3: August 20 Session 4: August 17</p> <p>Refreshments, coffee, tea,</p>	<p>RFA Pre-Approval Trainings Children and Family Services 4549 Delta Fair, Antioch, CA <i>"Please arrive 30 min early for Session 1 for registration"</i></p> <p>THURSDAYS (3-Hours) Time: 6 – 9 PM Session 1: October 4 Session 2: October 11 Session 3: October 18 Session 4: October 25</p> <p>Session 1: November 1 Session 2: November 8 Session 3: November 15 Session 4: November 29</p> <p>Light dinner provided.</p>	<p>RFA Pre-Approval Trainings Los Medanos College (room TBA) 2700 East Leland Road, Pittsburg, <i>"Please arrive 30 min early for Session 1 for registration"</i></p> <p>SATURDAYS Time: 9 AM. – 4 PM Session 1 & 2: December 1 Session 3 & 4: December 8</p> <p><i>Light lunch provided.</i></p>
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Contra Costa College (CCC)

<p>RFA 12-Hour Certification Contra Costa College 2600 Mission Bell, Richmond, 8th General Ed Bldg., Room 111</p>	<p>Saturday Time: 9:00 AM-3:30 PM (6 Hours)</p>	<p>Session 1 & 2: September 8th & 15th Session 3 & 4: December 1st &</p>
<p>Contact: Sandra Moore</p>		

HERITAGE PROJECT Trainings

Perinatal Substance Abuse/HIV Infant Program

A partnership between Contra Costa County Children and Family Services, Diablo Valley College, Contra Costa College, and Los Medanos College

You Must Pre-Register with Contra Costa County Children & Family Services

For Enrollment and Location of Trainings

Angel Arias, NCXB (925) 602-6912 or (925) 602-6910

RFA/Heritage Clerk- Senior Level

Children & Family Service

CONTRA COSTA COLLEGES Sandra Moore	DIABLO VALLEY COLLEGE Jennifer Blackman	LOS MEDANOS COLLEGE Sarah Sears
MONDAY 6 PM-9 PM Light Dinner	TUESDAYS 6 PM – 9 PM Light Dinner	MONDAYS 6 PM – 9 PM Light Dinner
September 24	October 2 Intro/Medical Resources/CFS Documents	September 17
October 1	October 9 Reunification/Court Processes	September 24
October 8	October 16 Normal Infant Development	October 1
SATURDAYS 9 AM-3:30pm Morning Refreshments Light Lunch	October 23 Special Medical Needs/Effects Of Drug & Alcohol on Fetus	October 8
October 13	October 30 Childhood HIV & AIDS	October 15
October 20	November 6 ADHD	October 22
October 27	November 13 Transitions: SID/Grief & Loss/ Shaken Baby	October 29
November 3	SATURDAY 9 AM – 3:30 PM Morning Refreshments Light Lunch	SATURDAY 9 AM – 3:30 PM Morning Refreshments Light Lunch
November 10th	Nov. 17 Positive Parenting, FAS, Sensory, Motor Development	November 3
	Dec. 1 Respite/Addiction/Relapse/ Parent Panel/CFS Certificates	November 10

Notes: _____

FOSTER/KINSHIP PARENTS AND GROUP HOME ADMINISTRATORS

**4 Continuing Education Credits (CEUs) Available
Per Completion of Each 4-Hour Class!**

These Group Home Administrators trainings are funded jointly by following Foster Kinship Care Education Programs (FKCE) in Contra Costa County

Diablo Valley College – Central County
Jennifer Blackman - (Coordinator)
CENTRAL COUNTY: (925) 969-2417

Los Medanos College – East County
Sarah Sears - (Coordinator)
EAST COUNTY: (925) 473-7636

- **No Child Activities Available**
- **Please respect the ILP Classroom Policy: Food is allowed in the kitchen/dining area.**
- **Only WATER is allowed in the classroom.**
- **Coffee & Light Lunch are provided, OR Please bring your own lunch to meet your special dietary requirements**

New Policy: Please RSVP due to limited number of trainings. Classroom maximum is 20.

Thursday: 9:30 a.m. - 2:00 p.m.
Independent Living Skills Program 1875 Arnold Drive 2nd Floor Martinez, CA

Date	Topic	Trainer
09/20/18	Structure and Supervision	Patrick Davis
09/27/18	Legal Rights of Foster Children	Patrick Davis
10/11/18	How Trauma Affects Child Development	Lisa Cohen Bennett, Ph.D.
10/18/18	Foster Care Reporting Requirements	Patrick Davis
10/25/18	Mandated Child Abuse Reporting	Patrick Davis
11/01/18	How Trauma Affects Separation & Attachment Milestones	Lisa Cohen Bennett, Ph.D.
11/15/18	How Trauma Affects Grief and Loss	Lisa Cohen Bennett, Ph.D.
*****	11/23 - Thanksgiving Holiday - No Class	*****
11/29/18	External Stressors for Families of Origin	Lisa Cohen Bennett, Ph.D.

Notes: _____

FOSTER/KINSHIP CARE EDUCATION PROGRAM CONTRA COSTA COMMUNITY COLLEGE

Please contact Glenda Roberts for additional information 510-235-7800 ext. 77675

Day, Date & Time	Subject	Presenter	Location
Mon 8/27, 9:30-11:30am	ILSP Delivered In-Care Service	Antoinette Harris	WCCYSB, 84 Broadway Richmond, Ca.
Sat 9/8 & 9/15, 9am-3:30pm Sat 12/1 & 12/8, 9am-3:30pm	RFA	Sandra Moore	Contra Costa College General Education Bld. Rm 111 2600 Mission Bell Dr., San Pablo,
Sat 9/29/18, 9am-4pm	CPR & 1 st Aid	Lorena Orellana	Contra Costa College General Education Bld. Rm 111 2600 Mission Bell Dr. San Pablo, Ca
Mon 9/10, 9:30-11:30am	Community Violence Solutions	Javier Lopez	WCCYSB, 84 Broadway Richmond, Ca.
Mon 9/17, 9:30-11:30am	Working with the Challenging Child	Tricca Leverenz	WCCYSB, 84 Broadway Richmond, Ca.
Mon 9/24, 9:30-11:30am	Exercising the Body and Mind	Gwen White	WCCYSB, 84 Broadway Richmond, Ca.
Mon 10/8, 9:30-11:30am	Birth Parent Perspective	Dorothy Lewis	WCCYSB, 84 Broadway Richmond, Ca.
Mon 10/22, 9:30-11:30am	Medical Resources	Tiffany Chin	WCCYSB, 84 Broadway Richmond, Ca.
Mon 9/24, 10/1, 10/8, 6-9pm and Sat 10/13, 10/20, 10/27, 11/3, 11/10, 9am-3:30pm	Heritage	Sandra Moore	Contra Costa College General Education Bld. Rm 111 2600 Mission Bell Dr. San Pablo, Ca
Mon 10/29, 9:30-11:30am	Understanding/ Defining Discipline	Tricca Leverenz	WCCYSB, 84 Broadway Richmond, Ca
Mon 11/19, 9:30-11:30am	Early Childhood Mental Health	Amanda Campbell	WCCYSB, 84 Broadway Richmond, Ca.
Mon 11/26, 9:30-11:30am	Community Warning System	Livia Pop	WCCYSB, 84 Broadway Richmond, Ca.
Thu 9/6, 6-8:30pm	Healthier Eating Habits	Gwen White	Bethlehem Church, 684 Juliga Woods, Richmond, Ca.
Thu 9/20, 6-8:30pm	Creative Self Care through the Art	Carla Lawson	Bethlehem Church, 684 Juliga Woods, Richmond, Ca
Thu 10/4, 6-8:30pm	Early Childhood Mental Health	Amanda Campbell	Bethlehem Church, 684 Juliga Woods, Richmond, Ca.
Thu 10/18, 6-8:30pm	Continuing Education	George Mills	Bethlehem Church, 684 Juliga Woods, Richmond, Ca.
Thu 11/1, 6-8:30pm	Effective Strategies for Living Healthier Lives Part 1	Dr Carole McKindley-Alvarez	Bethlehem Church, 684 Juliga Woods, Richmond, Ca.
Thu 11/15, 6-8:30pm	Effective Strategies for Living Healthier Lives Part 2	Dr Carole McKindley-Alvarez	Bethlehem Church, 684 Juliga Woods, Richmond, Ca.
Thu 12/6, 6-8:30pm	Using Creativity for Relaxation	Jackie Marston	Bethlehem Church, 684 Juliga Woods, Richmond, Ca.
Fri 12/14, 6-8pm	Reflection/ Caregivers and Families Sharing	Sandra Moore	Aqua Terra Grill Contra Costa College

A Message of Gratitude



- *Thank you for faithfully participating in the FKCE Program Trainings*
- *For respecting the FKCE classroom, trainers, fellow care providers*
- *For listening actively and asking engaging questions*
- *For putting your cell phones on vibrate during training*
- *For waiting until break time to send text messages or to make phone calls*
- *For being considerate of others when complimentary coffee, morning refreshments, lunch or dinner is provided*



Thank you for opening your homes and hearts to the children in our communities and in your care



Commercially Sexually Exploited Children (CSEC): Awareness and Identification

Foster Parents, Kinship Caregivers, Group Home Administrators and Staff & other interested parents and community friends

FKCE Training Opportunities

**For More Information, contact Jennifer Blackman
Diablo Valley College (DVC)
(925) 969-2417**



In Memory of Our Colleague and Friend

Intisar Shareef

10/29/46 - 11/04/17

*Foster Kinship Care Education (FKCE) Director (20+ Years)
Contra Costa College, San Pablo CA*

*Donations may be made to the "Intistar Shareef Scholarship Fund
for Early Childhood Education. Go to
<http://donatenow.networkforgood.org/contracostacollegefoundation>.
Add "Intisar Shareef" to the "in memory of" line.*

Diablo Valley College
Foster/Kinship Care Education Program
c/o Jennifer Blackman, Director
321 Golf Club Road
Pleasant Hill, CA 94523

FOSTER/KINSHIP CARE EDUCATION PROGRAM

PRESORTED
FIRST CLASS MAIL
U.S. POSTAGE
PAID
Concord, CA
Permit No. 152

Please mark your calendar!

Fall 2018 Classes

