

Policy Council Meeting Minutes

Location: 500 Ellinwood Way, Pleasant Hill, CA



Date: 4/19/17

Time Convened: 6:02PM

Time Terminated: 7:19PM

Recorder: Imelda Prieto Martinez

ΤΟΡΙϹ	RECOMMENDATION / SUMMARY
Review Desired Outcomes and Meeting Rules	 Sheila Frazier, Chair, called the meeting to order at 6:03 p.m. Veronica Gutierrez, Vice Chair, reviewed the desired outcomes and ground meeting rules.
Public Comment	None
Correspondence	None
Ice Breaker	Policy Council Representatives participated in an icebreaker group activity to open communication and build connections among members.
Staff Recognition	The following staff were recognized for their excellent work with the children and the families:
	 Ruth Ruiz, Associate Teacher from Crescent Park Center was presented with a certificate and a book to acknowledge her dedication to the children and their families. Melissa Molina, Senior Clerk from Riverview Center was presented with a certificate and a book to acknowledge her dedication to the children and their families.
	Special thank you was given to CSB staff providing support during April 19, 2017, Policy Council meeting.
Administrative Reports • CSB Director • Division Manager • Fiscal	 Camilla Rand, CSB Director, welcomed Policy Council representatives and CSB Staff. She reminded participants that tonight's agenda was shortened so we are able to adjourn to the Economic Opportunity Council Public Hearing. Participants were encouraged to stay and take advantage of the opportunity to provide valuable input. Program updates: Balboa Children Center was featured on KTVU Channel 2 news. During the segment, CSB Director shared the accomplishment of being awarded \$3.4 million federal grant to fund Early Head Start. Katharine Mason, Division Manager was featured in an article in the Richmond Confidential Newspaper.
	 Katharine Mason, Division Manager, presented the following program updates: Nicole Porter Region IX Office Program Specialist and her Supervisor toured Marsh Creek and Los Arboles Children's Centers. Community Workdays are being conducted this month to beautify sites. Parents were encouraged to check with their Site Supervisors on scheduled dates for their site and participate in this important and fun event. CSB sites will celebrate Week of the Young child from April 24th-28th. Special activities are planned for each day during this special week. Tom Butt, Mayor of Richmond will visit GMIII on Monday and join the children's parade to kick off the week.

ΤΟΡΙϹ	RECOMMENDATION / SUMMARY						
	 Part Day/Part Year and Home Based program end this year on Friday, May 5th. CSB enrollment and attendance statistics for the month of March: 						
	 Enrollment: 100.6% for Head Start and 101.3% for Early Head Start and Early Head Start Child Care Program Partnership combined. Attendance: 84.6% for Head Start and 86.2% for Early Head Start and Early Head Start Child Care Program Partnership combined. 						
	Haydee Ilan, Accountant III, presented the following fiscal reports:						
	 2016 – 2017 Head Start Program: February 2017 year to date cash expenditures were \$1,297,478 YTD, which represents 8% of the program budget. 						
	 2016 – 2017 Early Head Start Program: February 2017 year to date cash expenditures were \$166,968 YTD, which represents 5% of the program budget. 						
	 2016 – 2017 Early Head Start – CC Partnership: February 2017 year to date cash expenditures were \$507,388 YTD, which represents 36% of the program budget. 						
	 Credit Card expenditures for all programs, including Head Start and Early Head Start, for the month of February 2017 were \$13,174.28. 						
	 Child and Adult Care Food Program: January 2017 total meal served including breakfast, lunch, and supplements were 39,658 and February 2017 total meal served including breakfast, lunch, and supplements were 37,766. 						
Training:	Erika Smith, Mental Health Clinician, provided training on ways to prevent Child Abuse and Neglect:						
Child Abuse Prevention	What is Child Abuse and Neglect?						
	Child abuse or neglect often takes place in the home at the hands of a person the child knows well—a parent, relative, babysitter, or friend of the family. The following are four major types of child maltreatment and although any of the forms may be found separately, they often occur together:						
	Physical abuse is physical injury as a result of hitting, kicking, shaking, burning or otherwise harming a child.						
	Sexual abuse is any situation where a child is used for sexual gratification. This may include indecent exposure, fondling, rape, or commercial exploitation through prostitution or the production of pornographic materials.						
	<i>Emotional</i> abuse is any pattern of behavior that impairs a child's emotional development or sense of self-worth, including constant criticism, threats, and rejection.						
	Neglect is a failure to provide for a child's basic needs.						
	Who can be abused or neglected? Anyone can be abused - there is no discrimination of age, gender or social economic status. Sometimes cultural values, environmental conditions, such as poverty may contribute and be an indication that a family is in need of information or assistance.						
	Discipline vs. Punishment						

ΤΟΡΙϹ	RECOMMENDATION / SUMMARY
	Discipline focuses on teaching children the skills to turn negative behavior to positive behavior for each age. Discipline helps children to: calm down; learn to solve problems; learn to manage their anger; learn to self-control their emotions; learn what behavior is expected of them to success in life.
	Punishment focuses more on consequence and shaming of the child to learn how to behave.
	Temper Tantrums
	Tantrums are common because children are becoming independent and developing their own wants, needs, and ideas; and they are not yet able to express their wants and feeling with words.
	When a child is having a tantrum, the most important thing you can do is remain calm and wait it out. Do not let your child's behavior cause you to lose control.
	Self-care and Stress Management
	Signs that people are stressed include:
	* Feeling angry or irritable
	* Feeling hopeless
	* Having trouble making decisions
	* Crying easily
	* Worrying all the time
	* Arguing with friends or your partner
	* Overeating or not eating enough
	* Being unable to sleep or wanting to sleep all the time
	A build-up of stress also can contribute to health problems, including allergies, a sore neck or back, headaches, upset stomach, and high blood pressure.
	Participants shared their input on other signs of stress and provided examples of discipline versus punishment.
Subcommittee Updates	Nutrition Subcommittee: Veronica Gutierrez, Vice Chair, shared that during the meeting they discussed the difference between food allergies and intolerance. CDC study released in 2013 showed there has been a 50% increase in food allergies from 1997-2011.
Action:	Reni Radeva, PSA III, presented the recommended new hires. Infant/Toddler Teacher:
Consider approval of New Hires	 Celia Kaminski for Balboa Children Center
	A motion to approve the recommended new hires was made by Amber Beshears and seconded by Yesenia Alvarez. The motion was

ΤΟΡΙΟ	RECOMMENDATION / SUMMARY						
	approved.						
	Ayes		Nays	Abstentions	Not Present		
	Amber Beshears	Yesenia Alvarez	- / -		Anna Saefong		
	Karla Banks	Paola Castrejon			Suraj Shah		
	Kathleen Barr	Diana Bierer			Teri Pedersen		
	Esmeralda Cisneros	Sheila Frazier			Laura Angel		
	Dikla Gutierrez	Paige Chatman			Dawn Dailey		
	Guadalupe Amigon De La Cruz	Devlyn Sewell			Katie Melara		
	Susana Ponce				Roxanne Ross Flowers		
	Martin Ponce						
	Monica Avila						
	Veronica Gutierrez						
	Emma Duran				sed and Part Day Center Based Program		
Approval of temporary	••	• •			Part Day Center Based Program and Land seconded by Amber Beshears. The n		
Approval of	A motion to approve the	• •					
Approval of temporary closure of the	A motion to approve the childhood educators we	• •	dalupe Amigor	n Dela Cruz ar	nd seconded by Amber Beshears. The n		
Approval of temporary closure of the Hose Based and Part Day Center Based	A motion to approve the childhood educators we	re made by Gua	dalupe Amigor	n Dela Cruz ar	nd seconded by Amber Beshears. The n		
Approval of temporary closure of the Hose Based and Part Day Center Based Program and	A motion to approve the childhood educators we	re made by Gua Yesenia Alvarez	dalupe Amigor	n Dela Cruz ar	Not Present Anna Saefong		
Approval of temporary closure of the Hose Based and Part Day Center Based Program and Layoff of	A motion to approve the childhood educators we Ayes Amber Beshears Karla Banks	re made by Gua Yesenia Alvarez Paola Castrejon	dalupe Amigor	n Dela Cruz ar	Not Present Anna Saefong Suraj Shah		
Approval of temporary closure of the Hose Based and Part Day Center Based Program and Layoff of teachers and	A motion to approve the childhood educators we Ayes Amber Beshears Karla Banks Kathleen Barr	re made by Gua Yesenia Alvarez Paola Castrejon Diana Bierer	dalupe Amigor	n Dela Cruz ar	Not Present Not Present Anna Saefong Suraj Shah Teri Pedersen		
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Approval of temporary closure of the Hose Based and Part Day Center Based Program and Layoff of teachers and early	A motion to approve the childhood educators we Ayes Amber Beshears Karla Banks Kathleen Barr Esmeralda Cisneros Dikla Gutierrez	re made by Gua Yesenia Alvarez Paola Castrejon Diana Bierer Sheila Frazier Paige Chatman	dalupe Amigor	n Dela Cruz ar	Not Present Not Present Anna Saefong Suraj Shah Teri Pedersen Laura Angel Dawn Dailey		
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temporary closure of the Hose Based and Part Day Center Based Program and Layoff of teachers and early childhood	A motion to approve the childhood educators we Awber Beshears Karla Banks Kathleen Barr Esmeralda Cisneros Dikla Gutierrez Guadalupe Amigon De La Cruz Susana Ponce Martin Ramos Monica Avila	re made by Gua Yesenia Alvarez Paola Castrejon Diana Bierer Sheila Frazier Paige Chatman Devlyn Sewell	dalupe Amigor	n Dela Cruz ar	Not Present Not Present Anna Saefong Suraj Shah Teri Pedersen Laura Angel Dawn Dailey Katie Melara		
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ΤΟΡΙϹ	RECOMMENDATION / SUMMARY					
Council	Amber Beshears	Yesenia Alvarez			Anna Saefong	
Minutes	Karla Banks	Paola Castrejon			Suraj Shah	
	Kathleen Barr	Diana Bierer			Teri Pedersen	
	Esmeralda Cisneros	Sheila Frazier			Laura Angel	
	Dikla Gutierrez	Paige Chatman			Dawn Dailey	
	Guadalupe Amigon De La Cruz	Devlyn Sewell			Katie Melara	
	Susana Ponce				Roxanne Ross Flowers	
	Martin Ramos					
	Monica Avila					
	Veronica Gutierrez					
	Emma Duran					
Action:	Janissa Rowley, Assistant	Director, provid	led an overviev	v of the 2016	Self-Assessment Plan of Corrections rep	port:
 Consider Approval of the 2016 Self- Assessment Plan of Corrections 		al regulation. CSI egate staff, boar elf-assessment r ssment Scoring S itment, Selection Start Child Care Care Food Progr Aonitoring ores processes, and u ps and implement pring tools ticipating fully ir magement syste	B's self-assessm rd members, co reviewed consis system (CLASS™ n, Enrollment a Partnership (El am (CACFP) se of technolog ntation of polic n the classroom ms and interna benefit from im	nent was con ommunity par sted of six con ') nd Attendand HS-CCP) Prog Sy ies 's family style I controls	nponents: ce (ERSEA) ram	÷ ,

TOPIC	RECOMMENDATION / SUMMARY				
	 Four out of six earthquake containers had items that were close to date of expiration or expired One center's bleach solution was not labeled Areas requiring corrective action At Family Child Care Homes (FCC's): Children are not brushing their teeth Did not have required postings, such as licensing and first aid postings Individualization was not evident on the lesson plans Two out of four FCC's did not have designated locked space for medications **Corrective actions were taken and were validated** A motion to approve 2016 Self-Assessment Plan of Corrections was made by Susana Ponce and seconded by Dikla Gutierrez. The motion was approved. 				
	Ayes	Nays	Abstentions	Not Present]
	Amber Beshears Yesenia Alvarez			Anna Saefong	
	Karla Banks Paola Castrejon			Suraj Shah	
	Kathleen Barr Diana Bierer			Teri Pedersen	
	Esmeralda Cisneros Sheila Frazier			Laura Angel	
	Dikla Gutierrez Paige Chatman Dawn Dailey				
	Guadalupe Amigon De La Cruz Devlyn Sewell			Katie Melara	
	Susana Ponce			Roxanne Ross Flowers	
	Martin Ramos				
	Monica Avila				
	Veronica Gutierrez Emma Duran				
Action: • Consider Approval of Scope of Service	Katharine Mason, Division Manager, pro- 174 Home Based slots through Healthy F based slots will come from nine of CSB's CSB's newly awarded Early Head Start-Ch	amilies America directly operate	a Home Visiti ed center.	ng Program and Aspiranet that serve far	nilies county-wide. The center-
Service Change	CSB's newly awarded Early Head Start-Child Care Partnership slots will be allocated to these centers resulting in no reduction of services at the centers. There will be no disruption of services to enrolled children and families. If approved, the change of scope will be implemented July 1, 2017. A motion to approve Scope of Service Change was made by Kathleen Barr and seconded by Paola Castrejon. The motion was approved.				scope will be implemented July 1,
	Ayes	Nays	Abstentions	Not Present]
	Amber Beshears Yesenia Alvarez	, i		Anna Saefong	1

TOPIC	RECOMMENDATION / SUMMARY				
	Karla Banks Paola	a Castrejon		Suraj Shah	
	Kathleen Barr Diana	a Bierer		Teri Pedersen	
	Esmeralda Cisneros Sheila	la Frazier		Laura Angel	
	Dikla Gutierrez Paige	e Chatman		Dawn Dailey	
	Guadalupe Amigon De La Cruz Devly	yn Sewell		Katie Melara	
	Susana Ponce			Roxanne Ross Flowers	
	Martin Ramos				
	Monica Avila				
	Veronica Gutierrez				
	Emma Duran				
Site Reports	 clients. Make Parenting a Pleadiscuss three types of Room 5 started a pizzathey need/like, explore hands-on learning wit CSB is working on creading a pleading cash flow, u Reading Advantage voo attendees received free Teaching staff attendee This provided attendee This provided attendee On February and April support our Parent, fa Crescent Park: Ruth Ruiz, Associate Trelationship and comm Planning and discussion Week of the Young Chemical Staff attendee 	asure training series has co communication skills: veri a project! They will compa- re shapes, colors, and learn th the help of classroom vis ating new workstations and ss Training started at GMII understanding and building plunteers presented at our ee books. ed training on Domestic Vic ees with information on wh I, each family was provided amily Community Engagem Feacher in Room 3 was non mitment with the children ons are taking place regard hild is approaching and the ing our parent meeting Ap civities were posted in the c	empleted 6 se bal, listening, re what they about meas siting experts d resource ce to in an effo credit, and a parent meet olence and C to to call if so d with a book ent school re ninated by th and families ling modifyin families and ril 20 th and p	already know about pizza with what the urement. They will have fun experiment enters for the teaching staff to enhance for to educate parents about economic g asset building. ing and emphasized the importance of r hild Abuse Prevention presented by STA meone needs support with domestic vio to read with their children to support s eadiness goal he parents and will be recognized at Polic at Crescent Park. g the play yard equipment at Crescent P staff are gearing up for a fulfilled week	recently participants were able to ey want to learn, what ingredients ting with healthy pizza recipes and their workspace goal setting, building budgets, reading with children daily. All ND! For Families Free of Violence. olence. ocial emotional growth at home, to cy Council for her outstanding Park. of celebrating the children.

ТОРІС	RECOMMENDATION / SUMMARY
	• Three of Crescent Park parents applied for TAT positions and one parent applied for a Clerk position. Crescent Park staffs are devoted to
	meeting the parents where they are at and encouraging them to grow.
	Los Arboles:
	• Week of the Young Child is April 24 th – 28 th Families and staff are preparing activities for each day of the week and will end the week
	with a mini carnival.
	 Parent work day is scheduled on Saturday, April 22nd.
	Child Abuse and Prevention training for parents is scheduled on Thursday, April 20 th .
	New educational toys were received for all classrooms.
	Toddlers received new nap mats and new blankets.
	Preparing to visit a kindergarten class with our future kindergarten children.
	 Contra Costa County highlighted our quality care and education for young children in a video that will be presented to the Board of Supervisors.
	Las Deltas:
	The site is getting ready for Week of the Young Child.
	The children have been enjoying the new supplies introduced by the teachers.
	Toddler room has been working on earth project.
	 Preschoolers continue working on water projects and started a new life cycle project.
	Isabel, Assistant Director visited the preschool classroom and read stories to the children.
	 Parents received tax information, job announcements, and First 5 dance & sports classes.
	 Preschool classroom went on a fieldtrip with Bay Area Discovery Museum to the beach.
	 Parent work day is scheduled on Friday, April 28th.
	Brookside:
	• Ongoing Ground Maintenance, Public Works, Sheriff Dept., and Railroad Police have been working diligently on the grounds, parking lot, walkway near the railroad tracks to clear up the area of garbage and debris to make it a more welcoming environment for clients,
	parents, and staff.
	 All classrooms took their kindergarten bound children on a field trip to Lake Elementary, so they could familiarize themselves to a kindergarten setting.
	 Community Workday will be held at Brookside on April 28th from 12:00-5:00 p.m.
	• Parents received Free Tax preparation, Emergency plan in case of detention or deportation of family members, Road Map to
	Kindergarten pamphlet, and recall information on Jose'Ole Taquitos, I.M. Healthy Soynut Butter, RBR Meat Company Frozen Pizza,
	EpiPen and EpiPen Jr.
	• Classroom 3 closed for Spring Break for the week of April 3 rd -7 th .
	• Classroom 1, 2, and 4 went on their annual field trip to the Discovery Bay Museum.
	Marsh Creek:
	• Parent work day was held on April 14 th .
	• Week of the Young Child April 24 th – 28 th families and staff are preparing new activities for each day of the week.
	Ms. Eleanor was nominated as a Lead Teacher for afternoon classroom.

ΤΟΡΙϹ	RECOMMENDATION / SUMMARY				
	 Staff is planning a field trip to a water park. Verde: Celebrated Dr. Seuss day on March 2nd. Special guest: Adrian Sheppard, City of Richmond Fire Chief, Sequoia Erasmus, City of Richmond Director of Community Engagement, Kristina Hunter, Sheriff Deputy, Eric Acosta-Verprauskus, Verde Elementary Principal, Robin Wilson, West County Reads, and Robert Rogers, District Coordinator Office of County Supervisor John Gioia visited and participated in activities on this special day. On April 20th, as part of the Kindergarten Transition project, students will visit the "Big" lunch room in Verde Elementary school for lunch. Early Head Start/Head Start Enrollment banner was placed in front of Verde Elementary School to recruit families. Riverview: Week of the Young Child April 24th – 28th families and staff are preparing new activities for each day of the week. Parent workday is scheduled on Sunday, April 23rd. Reading Advantage workshop was held on April 18th during the parent meeting. Parents appreciated the valuable information about the importance of reading 20 minutes a day to their children. 				
Announcements	Ana Araujo, Comprehensive Services Manager for Parent, Family, and Community Engagement, shared the in-kind video for the month of April and encouraged participants to stay for the Economic Opportunity Council Public Hearing. Isabel Renggenathen, Assistant Director, shared that May is CalFresh awareness month. Families were encouraged to attend the Board of Supervisors meeting on May 9 th to share their CalFresh story. Devlyn Sewell, EOC Representative, shared that National Parks have free admission on April 22 nd and 23 rd .				
Meeting Evaluation	 <u>Pluses / +</u> New representatives Adult time 	<u>Deltas / Δ</u> • None			