**Policy Council Meeting Minutes**  
Location: 500 Ellinwood Way, Pleasant Hill, CA

**Date:** 4/19/17  
**Time Convened:** 6:02PM  
**Time Terminated:** 7:19PM  
**Recorder:** Imelda Prieto Martinez

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<th>TOPIC</th>
<th>RECOMMENDATION / SUMMARY</th>
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| Review Desired Outcomes and Meeting Rules | • Sheila Frazier, Chair, called the meeting to order at 6:03 p.m.  
• Veronica Gutierrez, Vice Chair, reviewed the desired outcomes and ground meeting rules.                                                                 |
TOPIC | RECOMMENDATION / SUMMARY
--- | ---
  • Part Day/Part Year and Home Based program end this year on Friday, May 5th.
  CSB enrollment and attendance statistics for the month of March:
  ➢ Enrollment: 100.6% for Head Start and 101.3% for Early Head Start and Early Head Start Child Care Program Partnership combined.
  ➢ Attendance: 84.6% for Head Start and 86.2% for Early Head Start and Early Head Start Child Care Program Partnership combined.

Haydee Ilan, Accountant III, presented the following fiscal reports:
  o 2016 – 2017 Head Start Program: February 2017 year to date cash expenditures were $1,297,478 YTD, which represents 8% of the program budget.
  o 2016 – 2017 Early Head Start Program: February 2017 year to date cash expenditures were $166,968 YTD, which represents 5% of the program budget.
  o 2016 – 2017 Early Head Start – CC Partnership: February 2017 year to date cash expenditures were $507,388 YTD, which represents 36% of the program budget.
  o Credit Card expenditures for all programs, including Head Start and Early Head Start, for the month of February 2017 were $13,174.28.
  o Child and Adult Care Food Program: January 2017 total meal served including breakfast, lunch, and supplements were 39,658 and February 2017 total meal served including breakfast, lunch, and supplements were 37,766.

Training: Child Abuse Prevention

Erika Smith, Mental Health Clinician, provided training on ways to prevent Child Abuse and Neglect:

**What is Child Abuse and Neglect?**

Child abuse or neglect often takes place in the home at the hands of a person the child knows well—a parent, relative, babysitter, or friend of the family. The following are four major types of child maltreatment and although any of the forms may be found separately, they often occur together:

*Physical* abuse is physical injury as a result of hitting, kicking, shaking, burning or otherwise harming a child.

*Sexual* abuse is any situation where a child is used for sexual gratification. This may include indecent exposure, fondling, rape, or commercial exploitation through prostitution or the production of pornographic materials.

*Emotional* abuse is any pattern of behavior that impairs a child’s emotional development or sense of self-worth, including constant criticism, threats, and rejection.

*Neglect* is a failure to provide for a child’s basic needs.

**Who can be abused or neglected?** Anyone can be abused - there is no discrimination of age, gender or social economic status. Sometimes cultural values, environmental conditions, such as poverty may contribute and be an indication that a family is in need of information or assistance.

**Discipline vs. Punishment**
### TOPIC: Discipline

*Discipline* focuses on teaching children the skills to turn negative behavior to positive behavior for each age. Discipline helps children to: calm down; learn to solve problems; learn to manage their anger; learn to self-control their emotions; learn what behavior is expected of them to success in life.

*Punishment* focuses more on consequence and shaming of the child to learn how to behave.

### TOPIC: Punishment

*Punishment* focuses on consequence and shaming of the child to learn how to behave.

### TOPIC: Temper Tantrums

Tantrums are common because children are becoming independent and developing their own wants, needs, and ideas; and they are not yet able to express their wants and feeling with words.

When a child is having a tantrum, the most important thing you can do is remain calm and wait it out. Do not let your child’s behavior cause you to lose control.

### TOPIC: Self-care and Stress Management

*Signs that people are stressed include:*

- Feeling angry or irritable
- Feeling hopeless
- Having trouble making decisions
- Crying easily
- Worrying all the time
- Arguing with friends or your partner
- Overeating or not eating enough
- Being unable to sleep or wanting to sleep all the time

A build-up of stress also can contribute to health problems, including allergies, a sore neck or back, headaches, upset stomach, and high blood pressure.

Participants shared their input on other signs of stress and provided examples of discipline versus punishment.

### Subcommittee Updates

**Nutrition Subcommittee:** Veronica Gutierrez, Vice Chair, shared that during the meeting they discussed the difference between food allergies and intolerance. CDC study released in 2013 showed there has been a 50% increase in food allergies from 1997-2011.

### Action:

**Consider approval of New Hires**

Reni Radeva, PSA III, presented the recommended new hires.

**Infant/Toddler Teacher:**

- Celia Kaminski for Balboa Children Center

A motion to approve the recommended new hires was made by Amber Beshears and seconded by Yesenia Alvarez. The motion was
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<tr>
<td><strong>ACTION:</strong></td>
<td><strong>Consider Approval of temporary closure of the Hose Based and Part Day Center Based Program and Layoff of teachers and early childhood educators</strong></td>
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| | Reni Radeva, PSA III, reviewed the temporary closure of the Home Based and Part Day Center Based Program and Layoff of teachers and early childhood educators.  
**A motion to approve the temporary closure of the Home Based and Part Day Center Based Program and Layoff of teachers and early childhood educators were made by Guadalupe Amigon Dela Cruz and seconded by Amber Beshears. The motion was approved.** |
| **ACTION:** | **Consider Approval of the March 15, 2017, Policy Council minutes** |
| | The minutes for March 15, 2017, Policy Council minutes were reviewed and no corrections were noted.  
**A motion to approve March 15, 2017, Policy Council minutes was made by Karla Banks and seconded by Kathleen Barr. The motion was approved.** |
Janissa Rowley, Assistant Director, provided an overview of the 2016 Self-Assessment Plan of Corrections report:

The purpose of the annual self-assessment is to determine the effectiveness of CSB’s efforts in meeting program goals and objectives and in implementing the Federal regulation. CSB’s self-assessment was conducted during the week of March 6th by a team of 45 members, which included grantee and delegate staff, board members, community partners, and parents.

The components of the self-assessment reviewed consisted of six components:

1. Classroom Assessment Scoring System (CLASS™)
2. Eligibility, Recruitment, Selection, Enrollment and Attendance (ERSEA)
3. New Early Head Start Child Care Partnership (EHS-CCP) Program
4. Health & Safety
5. Child and Adult Care Food Program (CACFP)
6. Fiscal Integrity Monitoring

Key findings

Strengths

- Strong CLASS Scores
- Great systems, processes, and use of technology
- Solid partnerships and implementation of policies
- Excellent monitoring tools
- Children are participating fully in the classroom’s family style dining
- Terrific fiscal management systems and internal controls

Areas that are not deficiencies but could benefit from improvement

- Need to consistently lock files to ensure confidentiality
TOPIC

RECOMMENDATION / SUMMARY

- Four out of six earthquake containers had items that were close to date of expiration or expired
- One center’s bleach solution was not labeled

Areas requiring corrective action
At Family Child Care Homes (FCC’s):
- Children are not brushing their teeth
- Did not have required postings, such as licensing and first aid postings
- Individualization was not evident on the lesson plans
- Two out of four FCC’s did not have designated locked space for medications

**Corrective actions were taken and were validated**

A motion to approve 2016 Self-Assessment Plan of Corrections was made by Susana Ponce and seconded by Dikla Gutierrez. The motion was approved.

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<tr>
<th>Ayes</th>
<th>Nays</th>
<th>Abstentions</th>
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<tbody>
<tr>
<td>Amber Beshears</td>
<td>Yesenia Alvarez</td>
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<td>Anna Saefong</td>
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<td>Karla Banks</td>
<td>Paola Castrejon</td>
<td></td>
<td>Suraj Shah</td>
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<td>Kathleen Barr</td>
<td>Diana Bierer</td>
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<td>Teri Pedersen</td>
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<td>Esmeralda Cisneros</td>
<td>Sheila Frazier</td>
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<td>Laura Angel</td>
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<td>Dikla Gutierrez</td>
<td>Paige Chatman</td>
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<td>Dawn Dailey</td>
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<td>Guadalupe Amigon De La Cruz</td>
<td>Devlyn Sewell</td>
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<td>Katie Melara</td>
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<tr>
<td>Susana Ponce</td>
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<td>Roxanne Ross Flowers</td>
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<td>Martin Ramos</td>
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<td>Monica Avila</td>
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<tr>
<td>Veronica Gutierrez</td>
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<td>Emma Duran</td>
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Action:
- Consider Approval of Scope of Service Change

Katharine Mason, Division Manager, provided an overview of the Scope of Service Change to relocate 174 Early Head Start center based slots to 174 Home Based slots through Healthy Families America Home Visiting Program and Aspiranet that serve families county-wide. The center-based slots will come from nine of CSB’s directly operated center.

CSB’s newly awarded Early Head Start-Child Care Partnership slots will be allocated to these centers resulting in no reduction of services at these centers. There will be no disruption of services to enrolled children and families. If approved, the change of scope will be implemented July 1, 2017.

A motion to approve Scope of Service Change was made by Kathleen Barr and seconded by Paola Castrejon. The motion was approved.

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PC Minutes 4/19/2017
### Site Reports

#### George Miller III:
- Eight lead teachers attended training on Reflective Supervision to assist them with problem solving and team building between staff and clients.
- Make Parenting a Pleasure training series has completed 6 sessions with 5 more sessions left. Most recently participants were able to discuss three types of communication skills: verbal, listening, and nonverbal.
- Room 5 started a pizza project! They will compare what they already know about pizza with what they want to learn, what ingredients they need/like, explore shapes, colors, and learn about measurement. They will have fun experimenting with healthy pizza recipes and hands-on learning with the help of classroom visiting experts.
- CSB is working on creating new workstations and resource centers for the teaching staff to enhance their workspace.
- Family Financial Fitness Training started at GMIII to in an effort to educate parents about economic goal setting, building budgets, balancing cash flow, understanding and building credit, and asset building.
- Reading Advantage volunteers presented at our parent meeting and emphasized the importance of reading with children daily. All attendees received free books.
- Teaching staff attended training on Domestic Violence and Child Abuse Prevention presented by STAND! For Families Free of Violence. This provided attendees with information on who to call if someone needs support with domestic violence.
- On February and April, each family was provided with a book to read with their children to support social emotional growth at home, to support our Parent, family Community Engagement school readiness goal.

#### Crescent Park:
- Ruth Ruiz, Associate Teacher in Room 3 was nominated by the parents and will be recognized at Policy Council for her outstanding relationship and commitment with the children and families at Crescent Park.
- Planning and discussions are taking place regarding modifying the play yard equipment at Crescent Park.
- Week of the Young Child is approaching and the families and staff are gearing up for a fulfilled week of celebrating the children.
- Ms. Gwen will be joining our parent meeting April 20th and present on Physical Fitness.
- First 5 calendar of activities were posted in the center for all who are interested in attending. Job postings have also been added to the parent board for employment resources.
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<td>Crescent</td>
<td>Three of Crescent Park parents applied for TAT positions and one parent applied for a Clerk position. Crescent Park staffs are devoted to meeting the parents where they are at and encouraging them to grow.</td>
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<td>Los Arboles:</td>
<td>Week of the Young Child is April 24th – 28th Families and staff are preparing activities for each day of the week and will end the week with a mini carnival. Parent work day is scheduled on Saturday, April 22nd. Child Abuse and Prevention training for parents is scheduled on Thursday, April 20th. New educational toys were received for all classrooms. Toddlers received new nap mats and new blankets. Preparing to visit a kindergarten class with our future kindergarten children. Contra Costa County highlighted our quality care and education for young children in a video that will be presented to the Board of Supervisors.</td>
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<td>Las Deltas:</td>
<td>The site is getting ready for Week of the Young Child. The children have been enjoying the new supplies introduced by the teachers. Toddler room has been working on earth project. Preschoolers continue working on water projects and started a new life cycle project. Isabel, Assistant Director visited the preschool classroom and read stories to the children. Parents received tax information, job announcements, and First 5 dance &amp; sports classes. Preschool classroom went on a fieldtrip with Bay Area Discovery Museum to the beach. Parent work day is scheduled on Friday, April 28th.</td>
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<td>Brookside:</td>
<td>Ongoing Ground Maintenance, Public Works, Sheriff Dept., and Railroad Police have been working diligently on the grounds, parking lot, walkway near the railroad tracks to clear up the area of garbage and debris to make it a more welcoming environment for clients, parents, and staff. All classrooms took their kindergarten bound children on a field trip to Lake Elementary, so they could familiarize themselves to a kindergarten setting. Community Workday will be held at Brookside on April 28th from 12:00-5:00 p.m. Parents received Free Tax preparation, Emergency plan in case of detention or deportation of family members, Road Map to Kindergarten pamphlet, and recall information on Jose’Ole Taquitos, I.M. Healthy Soynut Butter, RBR Meat Company Frozen Pizza, EpiPen and EpiPen Jr. Classroom 3 closed for Spring Break for the week of April 3rd-7th. Classroom 1, 2, and 4 went on their annual field trip to the Discovery Bay Museum.</td>
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<td>Marsh Creek:</td>
<td>Parent work day was held on April 14th. Week of the Young Child April 24th – 28th families and staff are preparing new activities for each day of the week. Ms. Eleanor was nominated as a Lead Teacher for afternoon classroom.</td>
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<td><strong>Verde:</strong></td>
<td>• Staff is planning a field trip to a water park.</td>
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<td>• Celebrated Dr. Seuss day on March 2nd. Special guest: Adrian Sheppard, City of Richmond Fire Chief, Sequoia Erasmus, City of Richmond Director of Community Engagement, Kristina Hunter, Sheriff Deputy, Eric Acosta-Verprauskus, Verde Elementary Principal, Robin Wilson, West County Reads, and Robert Rogers, District Coordinator Office of County Supervisor John Gioia visited and participated in activities on this special day.</td>
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<td>• On April 20th, as part of the Kindergarten Transition project, students will visit the “Big” lunch room in Verde Elementary school for lunch.</td>
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<td>• Early Head Start/Head Start Enrollment banner was placed in front of Verde Elementary School to recruit families.</td>
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<td><strong>Riverview:</strong></td>
<td>• Week of the Young Child April 24th – 28th families and staff are preparing new activities for each day of the week.</td>
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<td>• Parent workday is scheduled on Sunday, April 23rd.</td>
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<td>• Reading Advantage workshop was held on April 18th during the parent meeting. Parents appreciated the valuable information about the importance of reading 20 minutes a day to their children.</td>
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<td><strong>Announcements</strong></td>
<td>Ana Araujo, Comprehensive Services Manager for Parent, Family, and Community Engagement, shared the in-kind video for the month of April and encouraged participants to stay for the Economic Opportunity Council Public Hearing.</td>
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<td>Isabel Renggenathen, Assistant Director, shared that May is CalFresh awareness month. Families were encouraged to attend the Board of Supervisors meeting on May 9th to share their CalFresh story.</td>
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<td>Devlyn Sewell, EOC Representative, shared that National Parks have free admission on April 22nd and 23rd.</td>
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<th>Meeting Evaluation</th>
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<tr>
<td>• New representatives</td>
<td>• None</td>
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<tr>
<td>• Adult time</td>
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