



CONTRA COSTA COUNTY

Information & Assistance

SENIOR & DISABLED HELPLINE

800-510-2020 • 925-229-8434

LEGAL ASSISTANCE RESOURCES

- Antioch Senior Center** *call for an appointment* **925-778-1158**
Free legal assistance for local seniors 60+. Consult-an-Attorney Program.
http://www.antiochseniorcenter.com/Antioch_Senior_Center_Information/HOME.html
- Bay Area Legal Aid** **510-233-9954**
Free legal help for low-income people in the areas of housing, domestic violence, legal separations, annulments, restraining orders, public benefits, child custody and visitation rights, consumer law and health care access
<http://baylegal.org/get-help/client-services>
- CANHR – California Advocates for Nursing Home Reform** **800-474-1116**
Referrals to elder law attorneys
<http://www.canhr.org/LRS/index.html>
- Center for Human Development Conflict Resolution Program** **925-687-8844 ext 301**
Offers sliding scale mediation services to help individuals find mutually fair and lasting solutions to conflict and dispute
<http://www.chd-prevention.org/programs/conflictresolution.php>
- Central Contra Costa Family Justice Center** **925-521-6366**
No-fee services for victims of elder abuse, domestic violence, sexual assault and exploitation, child abuse and human trafficking and their families.
<http://www.cocofamilyjustice.org/>
- Concord Senior Center** *call for an appointment* **925-671-3320**
Free legal assistance for local seniors. Advance Health Care Directive Clinic.
<http://www.cityofconcord.org/community/seniors/>
- Conservatorship Workshop in Martinez, CA** *call for time & location* **510-646-2783**
Operated by Contra Costa Senior Legal Services.
Free service discussing the various types of conservatorships and their uses, the process for becoming a conservatorship and the forms needed. No individual counseling available.
<http://www.cccba.org/community/free-legal-workshops/conservatorship.php>
- Contra Costa County Bar Association Community** **925-686-6900**
Offers legal assistance for elder, family and immigration problems.
Low income programs available.
<http://www.cccba.org/community/index.php>
- Contra Costa County District Attorney's Office** **925-957-2200**

Provides a variety of services regarding crime prevention, investigation, enforcements and prosecution
<http://www.co.contra-costa.ca.us/917/District-Attorneys-Office>

Contra Costa County Public Law Library

925-646-2783 / 510-374-3019

Makes resources available to serve the research needs of its users. Located in Martinez and Richmond.
<http://www.cccplib.org/>

Contra Costa Senior Legal Services

925-609-7900

Free legal assistance for seniors including advice, counsel and representation in civil matters
<http://ccsls.org/>

Diablo Valley Foundation for the Aging

925-945-8040

Private non-profit agency assists seniors with Medicare and insurance claims, conservatorship, Durable Power of Attorney, Trust administration and Managed Care.
<http://www.dv-fa.org>

Disability Rights California

800-776-5746

Benefits assistance
<http://www.disabilityrightsca.org/>

Drop-In Self Help Clinic in Martinez, CA *call for time and location*

925-609-7900

Operated by Contra Costa Senior Legal Services. Free service providing assistance with elder abuse restraining orders, conservatorships, landlord/tenant cases and Small Claims cases.
<http://www.ccsls.org>

Equal Rights Advocates (ERA)

800-839-4372

Legal services specializing in class action cases involving sexual harassment and discrimination of women and girls in employment, education and family leave
<http://www.equalrights.org/legal-help/>

Family Law Alternative Resolution Mediation Program & Moderate Means Programs in Elder Law (60+), Family Law & Immigration Law

925-825-5700

Voluntary mediation program to help facilitate settlements of legal disputes as well as low income attorney referral
<http://www.cccb.org/community/family-immigration-law/flare.php>

Housing and Economic Rights Advocates (HERA)

510-271-8443

Provides advice regarding foreclosure and predatory lending. Limited services available for Contra Costa County residents.
<http://www.heraca.org/index.cfm>

International Institute of the Bay Area

510-451-2846

Legal services regarding immigration and family reunification, citizenship, asylum and deportation defense
<http://www.iibayarea.org/work/list-services/>

JFK University Elder Law Clinic

Free legal assistance for low-income seniors regarding wills, estates, advanced health care directives and more.

925-969-3433

Lawyer Referral Services (C.C.C. Bar Association)	925-825-5700
Trained legal interviewers screen clients to determine appropriate referrals to legal and non-legal assistance. http://www.cccbba.org/community/find-a-lawyer/	
Legal Services of No. California Senior Legal Hotline	800-222-1753
Free legal advice by phone to seniors regarding pensions, food stamps, foreclosures and reverse mortgages http://slh.lsnr.net/services/	
Martinez Senior Center	925-370-8770
<i>call for an appointment</i> Free legal advice for seniors. Consult-an-Attorney Program, Wills Clinic http://www.cityofmartinez.org/depts/recreation/senior/	
Moderate Means Program (C.C.C. Bar Association)	925-677-0234
Provides referrals for low income people to lawyers in the areas of elder law, family law, or immigration law problems. Lawyer has reduced fees to assist people with moderate incomes. Note: must qualify for Moderate Means Program. http://www.cccbba.org/community/family-immigration-law/elder-moderate-means.php	
Pittsburg Senior Center	925-252-4890
<i>call for an appointment</i> http://www.ci.pittsburg.ca.us/index.aspx?page=738	
Pleasant Hill Senior Center	925-798-8788
<i>call for an appointment</i> Free 30 minutes consultation with an attorney. http://phseniorcenter.com/home/	
Rubicon Legal Services	510-232-6611
Services include Social Security and SSI advocacy, benefit planning and legal assistance for people with physical and mental disabilities and HIV/AIDS. http://www.rubiconprograms.org/legalservices.html	
Walnut Creek Senior Center	925-943-5851
<i>call for an appointment</i> Free 30 minutes consultation with an attorney. http://www.walnut-creek.org/citygov/depts/recreation/seniors.asp	
West Contra Costa Family Justice Center	510-965-4949
No-fee services for victims of elder abuse, domestic violence, sexual assault and exploitation, child abuse and human trafficking and their families. http://wccfjc.org/	
Wills Drafting Program	925-609-7900
<i>call for appointment</i> Help for lower income seniors to have simple wills drafted for them by an attorney. Spots are limited so call asap. http://www.seniorlegalservices.org/program_new.htm	

This information is provided as a guide only. It is recommended that several agencies be contacted before making a selection. This list is produced by Contra Costa County, Aging and Adult Services, Information & Assistance Program.
1-800- 510-2020 or 925-229-8434.
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